



01 Mar 2000

The Missouri Miner, March 01 2000

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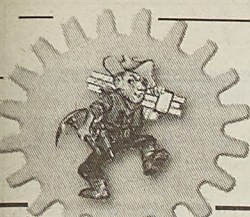
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Women's basketball clenches playoffs

Sports- page 7

How to reduce stress and anxiety...

Features- page 11



Missouri Miner

University of Missouri-Rolla

Volume XXCIX, Number 21

March 1, 2000

Rumble in Rolla to feature Rams

Nicole Brossier

Assistant News Editor

Members of the Super Bowl champion St. Louis Rams will take on NFL Allstars players in a benefit basketball game on Sunday, March 5, at the Gale Bullman Multi-Purpose Building. Members of the Kansas City Chiefs were the original scheduled opponents, but due to the recent death of Derrick Thomas, they will be unable to attend. The game is scheduled to begin at 2 p.m.

Also included is a dinner and auction held at UMR on Saturday, March 4. Dinner begins at 6:00 p.m. and will be followed by the auction. "We're going to auction off some memorabilia from the Rams . . . signed helmets, signed jerseys, signed footballs . . . and some items from other teams as well," Bill Kunert, a member of the Michael Jones Foundation Board of Directors, said.

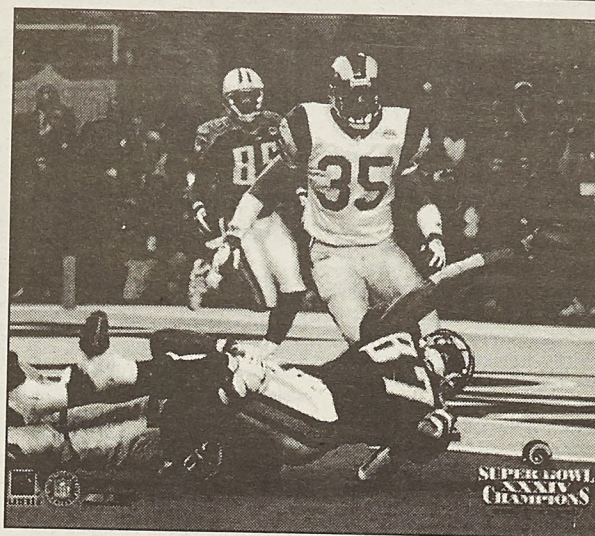
Ticket prices are \$12 for lower level seats and \$10 for the balcony. All students will get a \$2 discount on their tickets. Proceeds from the game will go to United Way and to the Mike Jones Foundation.

Tickets for the game are available in the ticket office in the University Center, as well as at the Rolla Visitors Center, Fairgrounds Chevrolet (Rolla and Cuba), the human resources office at Phelps County Regional Medical Center, Central Missouri Sports Cards and at KTTR/KZNN.

Some of the players who are expected to appear include Jones, who made the game-saving tackle at the one-yard line on the final play of the Super Bowl, Issac Bruce, Kevin Carter and London Fletcher.

A nonprofit organization established for the promotion of "academic and athletic excellence in youth," the Michael Jones Foundation was founded in 1995 by Michael Jones, his wife Leslie, and his eight brothers and sisters. Its initial purpose was to provide free football clinics for youth in the Metropolitan areas of St. Louis and Kansas City. During these clinics, children have an opportunity to meet with local and national celebrities and hear from guest speakers about troublesome issues of the time, such as drug awareness, sexual awareness, and gang violence.

"He's trying to build his foundation, of course," Kunert says of founder Michael Jones. "He's got scholarships, he's got all kinds of different things . . . not just football camps. He goes and visits physically challenged folks . . . he does all kind of good work."



Mike Jones is pictured here making the famous game-saving tackle as time ran out in this past Super Bowl. Jones' Foundation is one of the charities that the "Rumble in Rolla" will be benefitting when members of the Rams face off against other NFL players in a basketball game at UMR.

photo courtesy of Mike Jones Foundation



Study abroad opportunity offered through International Affairs

Chip Kastner

News Writer

The Office of International Affairs at the University of Missouri-Rolla currently offers two study abroad programs, through which students can spend a semester or more in countries such as Australia, Belgium, Botswana, England, Finland, Germany, Ireland, Mexico, the Netherlands, the Republic of Georgia and Turkey.

This program has grown recent-

ly, with eight UMR students participating in 1999 and five already studying abroad this year.

There are two different study abroad programs currently available at UMR. The first is the Student Exchange program, in which an interested student pays his or her educational fees here, and then pays room and board fees to the host university.

The total room and board cost of a semester in a foreign country is roughly equal to one spent at UMR

though airfare, insurance, and personal expenses which includes local travel costs are added costs. The big advantage to this program is that the student may apply their financial aid or scholarship towards the educational fee.

The second program is the Independent study abroad program, in which a student applies directly to the host university and pays all academic and housing fees to that institution.

The advantage of this program is that UMR does not necessarily have to have an exchange agreement with the host university. The disadvantage is that the UMR student may not be able to use their financial aid or scholarship toward educational fees.

Upon being interviewed and being recommended by their adviser, anyone who is in good academic and disciplinary standing is eligible to apply for the study abroad program. Upon approval, the International Affairs Office will help the UMR student complete all necessary paperwork to apply to the study abroad institution of the student's choice.

Furthermore, an application for credit for course credits to be transferred to UMR will be completed before the student departs to study abroad.

Although studying in a country where English is not the native lan-

guage usually requires extensive education in the host country's language, universities in several countries such as Belgium, Finland and the Netherlands offer classes taught in English. Furthermore, many universities offer intensive, semester-long foreign language programs that an exchange student can take before a semester of other classes.

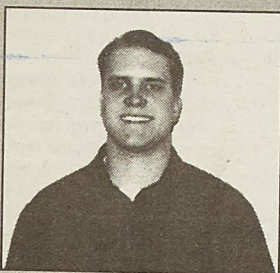
"[Participating in a study abroad program] is a small cost to pay now for big dividends in the future, especially if you want international expe-

rience for future jobs," Jim Jackson, the Assistant Director of International Affairs, said. The Career Opportunities Center agreed that participating in one of these programs looks outstanding on a resume; it shows an international background, and can be exceptionally useful when looking for a job with a multinational corporation.

Students have cited many other benefits of participating in this pro-

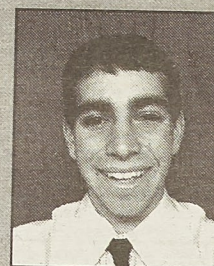
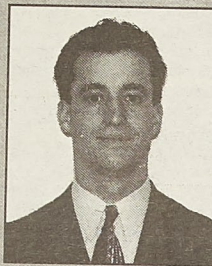
see *Abroad*, page 5

StuCo president sounds off on selection committee



Current Student Council president Joe Schmidberger (above) sounds off on the make-up of the chancellor selection committee on page 6.

StuCo Election continues



Cody May (left) and Jonathon Buhacoff (right) are the two candidates running for Student Council president for next year. Their profiles can be seen on page 4.

NEWSBRIEFS ON CAMPUS

African American History in the Ozarks

Dr. Katherine Lederer will present a slide lecture about African American history in the Ozarks at 7 p.m., Friday, March 3, in Room 213 of University Center-East on the University of Missouri-Rolla campus. The lecture is free and open to the public.

Lederer, an English professor and African American history scholar at Southwest Missouri State University, is the author of "Many Thousand Gone," an account of the black community in Springfield, Mo., since 1906.

A triple-lynching that occurred on Easter weekend, 1906, changed the course of Springfield's history. Hundreds -- eventually thousands -- of African Americans fled the city, which had a prosperous black middle class. Lederer, who has interviewed more than 300 people to support her research, has spent 20 years documenting the nearly forgotten past of black communities in Springfield and elsewhere in the Ozarks.

"An elderly black woman once told me that God sent me, but I don't seem like a likely person," Lederer says. "I couldn't stop then, and I can't stop now."

Earlier this month, Lederer officially gave her collection of thousands of photographs and about 7,500 documents dating back to the Civil War to SMS. Known as the Katherine G. Lederer Collection of African American History in the Ozarks, the photos and documents will be housed in a newly renovated section of SMS's Meyer Library.

The only known collection of documents that tells the full story of the region's black history, Lederer's research materials are valued at over \$100,000.

Lederer earned her Ph.D. at the University of Arkansas and has

taught at SMS for three decades. She has spoken to hundreds of school groups and civic organizations in Missouri and beyond about her research. She has also written numerous books and articles about black history and American literature.

Lederer's presentation at UMR coincides with the university's African American Heritage Month activities. The lecture is sponsored by UMR's African American Cultural Recognition Committee. For more information, contact Lance Feyh at (573) 341-4966 or lfeyh@umr.edu.

UMR army ROTC alters entrance requirements

The University of Missouri-Rolla military science department has reinstated a program that will allow previously ineligible students to contract with Army ROTC. Qualified students are allowed to contract as non-scholarship advanced course cadets as long as they have two years remaining as full-time students.

Under this program, first-year seniors, graduate students beginning a two-year program, or anyone else who plans to spend two more academic years at UMR are eligible for classification as third-year military science cadets.

The exact training plan will vary. But most cadets will attend basic camp during their first summer in the program and then attend advanced camp during the following summer. After attending advanced camp and graduating from UMR, the cadets will be commissioned as second lieutenants and assigned to further training. Those who complete the program are guaranteed a job either on active duty or in the Army National Guard or Army Reserve. The total military commitment is eight years.

Lt. Col. James Stone, of the UMR military science department,

says this program will benefit students who are interested in ROTC but feel like they missed their opportunity to participate because they didn't get involved earlier in their college careers.

For more information about ROTC programs at UMR, contact Stone at (573) 341-4744.

Chancellor's search committee open forums

The Chancellor's Search Committee will hold open forums for the campus community beginning next week. The meetings are designed to give faculty, staff and students a chance to provide input into the search process. Committee Chair Jeff Cawfield will host the forums, and other committee members will be present as well.

The open forums will be held:

- * Wednesday, March 1, at 8 a.m. in the Hall of Fame Room, Gale Bullman Multipurpose Building.
- * Thursday, March 2, at 2 p.m. in the Missouri Room, University Center-East.
- * Tuesday, March 7, at 10 a.m., Centennial Hall-East.

Committee Chair Jeff Cawfield says, "We want input as to what characteristics we should seek, what the detailed job description should include, and we will respond to questions about the search, the search schedule, and procedures."

UMR Panhellenic Council recognized with Craig Little award

The University of Missouri-Rolla Panhellenic Council, the governing body for the sororities on campus, received the Craig Little Award Feb. 19 at the Mid-America Greek Council Association Annual Confer-

ence. The Little Award recognizes excellence in the overall awards application made by a college panhellenic or interfraternity council applying for awards for the first time. The award was presented at the Mid-America Greek Council's recognition banquet and includes a \$400 stipend to help offset conference fees.

More than 1,800 students representing colleges in 17 Midwestern states attended the conference. Six UMR Panhellenic Council representatives attended the conference, which was held Feb. 17-20 in Chicago.

Panhellenic members attending the conference include Laura Fisher of Kirkwood, Mo., a junior in mechanical engineering, Panhellenic president; Debbie Holdorf of Arlington, Va., a senior in chemical engineering, vice president-recruitment; Renee Machacek of Wisner, Neb., a senior in engineering management, vice president-committees; Traci Walker of Carterville, Ill., a senior in history, vice president-judicial; Julie Whelan of Crown Point, Ind., a junior in electrical engineering, representative; and Jamie Ferrero of Benld, Ill., a sophomore in nuclear engineering, representative. Also attending were Connie Eggert, the Panhellenic Council faculty advisor, and Mark Potrafka, UMR director of student activities.

For further information contact the UMR office of student activities at (573) 341-4993.

UMR expert on foreign policy gives terrorism lecture March 9

Dr. Russell Buhite, dean of the University of Missouri-Rolla College of Arts and Sciences and professor of history, will present a lecture on terrorism at 3:30 p.m. Thursday, March 9, in the Mark Twain Room of University Center-East on the UMR cam-

pus. The lecture, which is part of the UMR Humanities and Social Sciences Lecture Series, is free and open to the public.

Buhite is an internationally known expert on American policy. In his lecture, "Terrorism in American History and American Policy," he will examine U.S. foreign policy and discuss what American responses to hostage crises reveal about our history in a larger sense. Buhite will also dispel some myths about how hostage incidents have been handled in the past, and demonstrate how America's experiences with hostage situations suggest appropriate courses of action in future situations.

Buhite has written nine scholarly books on American history and policy, including "Lives at Risk: Hostages and Victims in American Foreign Policy." He was nominated for the Pulitzer Prize in Letters for "Patrick J. Hurley and American Foreign Policy." Currently, Buhite is working on a book about presidential war messages.

Prior to coming to UMR, Buhite held posts at the University of Oklahoma and at the University of Tennessee. He earned his Ph.D. at Michigan State University.

For more information about Buhite's lecture, contact Dr. Larry Vonalt, associate professor of English at UMR, at (573) 341-4630.

UMR to get lecture on Moby Dick

Schultz, an English professor at the University of Kansas, will present a slide lecture, "Moby Dick as a Cultural Icon," at 7 p.m. Wednesday, March 8, in Room 138 of Castleman Hall on the University of Missouri-Rolla campus. The presentation is sponsored by the UMR department of philosophy and liberal arts.

For more information, contact Dr. James Bogan at (573) 341-4755.

The Missouri Miner

The Missouri Miner is a publication of the students of the University of Missouri - Rolla. It is distributed each Wednesday in Rolla, Missouri and features activities of the students of UMR. The Missouri Miner is also online at <http://www.umr.edu/~miner>.

The Missouri Miner encourages comments from its readers and will attempt to print all responsible letters and editorial material received. All submissions must have a name, student ID number, and phone number for verification. Names may be withheld upon request.

The Missouri Miner is operated by the students of UMR and the opinions expressed in it do not necessarily reflect those of the university, faculty, or student body.

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Submissions for publication must be in our mail box in 113 University Center-West by 3:30 p.m. on the Thursday before publication. Submissions will be accepted through e-mail at miner@umr.edu. The Missouri Miner reserves the right to edit all submissions for style, grammar, punctuation, spelling, length, and matters of good taste.

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Viewpoints on Politics: 2000 Election

A Democratic view after Michigan

Charles Robinson
Political Columnist

Seven days and counting... Many democrats and republicans alike are campaigning for the biggest political event next to the actual Election Day.

Super Tuesday, March 7, 2000 is approaching and 11 states are holding their primaries for the presidential campaign. With a recent upset in Michigan, the Republicans are aggravated at Democrats and Independents for changing "sides" and voting for Senator John McCain.

Republican front-runner Texas Governor George W. Bush was defeated in both Michigan and Arizona last week and with these two losses, Governor Bush is running almost neck and neck with Senator John McCain. Why the massive cross over voting from the Democrats and Independents?

The answer to this question is very simple. If a state has an open primary similar to Missouri (most votes, and winner takes all) then anyone can vote for whom they like. In most cases like this, democrats will vote for either their own front-running candidate or they will cross over and vote for the person whom if they were a republican would most likely support or poses the least amount of competition for their front-running candidate.

For example, if I were a republican, I would vote for Senator McCain for the simple fact that he represents governmental reform. He is also known as the "anti-establishment" candi-

date for the Republican Party (USA Today, P. 9A, Feb. 23, 2000 "South Carolina Fallout").

As a democrat I would also vote for Senator McCain, because he poses less of a threat to Vice President Gore as a candidate for the President of the United States.

Most Democrats (in my opinion) feel that Governor Bush is not a prime candidate for the Presidency with a presumed reputation from his father former President George Bush. However, this is an opinion and not cold hard fact.

Senator McCain believes in giving more power to the states and more restriction to the federal government than to lessen the restrictions to the Federal Government and less power to the states.

The primary in Michigan was a wake up call to the Republicans. McCain showed a voter support of 86 percent as opposed to 11 percent. Senator McCain also shows a support of 70 percent of independent voters as opposed to 24 percent taken by Governor Bush. (Statistics courtesy of the USA Today and Detroit News).

The only edge that Governor Bush has is that he holds 66 percent of the Republican Vote to the 27 percent taken by Senator McCain. The Governor of Michigan fired a negative comment in the direction of Senator McCain accusing him of "renting" Democrats.

Sorry to disappoint the Governor, but we are not a leased liability or a piece of property that can be leased or rented. We vote with our

see Democratic, page 5

Some Republicans in awe after Michigan

Chris Wilson
Political Columnist

Are the Republicans being allowed to choose their own candidate? After the Michigan Primary, this question became the center of political discussion. From the exit poll, of the liberals that voted, 78 percent voted for John McCain. In contrast, of the Republicans that voted, only 31 percent voted for McCain.

From the previous primaries, George W. Bush has come out the frontrunner in most cases. And, when he didn't, it was because the Republicans in that state did not feel that Bush should get the nomination. However, since the Michigan primaries for the GOP and the Democratic Party are held at different times, the voters are not limited to a single vote.

The results of the Michigan primary have been called "astounding," by some analysts. Some say it shows that the opposing party can control nominations by voting for the candidate their party is most likely to beat. Even though the majority of conservatives voted for Bush, McCain came out the winner in the Michigan primary.

At this point in time, whether Bush or McCain would be the stronger opponent against Gore or Bradley, has not been completely determined. However, Bush supporters feel that against either candidate, Bush is the only choice. Especially when the welfare of the party is taken into consideration, most right wing conservatives see McCain as being too moderate. He

(McCain) has been accused of trying to divide the party and not unite it. In McCain's recent speech at Virginia Beach, VA, he criticized Bush and Pat Robertson (founder of the Christian Coalition) for distorting his views. While Robertson ran ads that questioned McCain's stance on abortion, McCain countered, criticizing Bush for his failure to condemn the "anti-catholic" sentiment at Bob Jones University. Both McCain and Bush have pulled out all the stops in this campaign; they are clawing their way to the top of the GOP. And, right now, it is not clear who will win.

Bush admitted that he should have said more at his Bob Jones appearance by saying, "I should have been more clear in disassociating myself from anti-Catholic sentiments and racial prejudice... It was a missed opportunity, causing needless offense, which I deeply regret." In his own defense, McCain said, "I'm a Reagan Republican who will defeat Al Gore. Governor Bush is a Pat Robertson Republican who will lose to Al Gore... Those who purport to be defenders of our party, who in reality have lost confidence in the Republican message, are attacking me. They are people who have turned good causes into businesses."

Right now, according to a recent CNN/TIME poll, Bush is expected to win the GOP nomination in California by "two to one." In addition, according to the poll, if Bush does win the California nomination, he will have a

see Republican, page 5

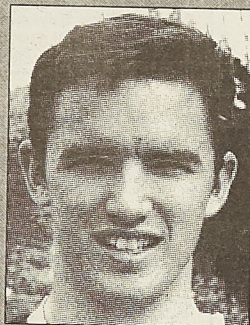
Miner Question of the Week

What do you do to stay fit?



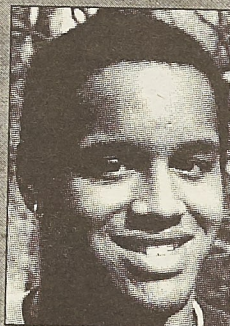
Joseph Clendenen
Sophomore
Civil Engineering

"I sit around my room and play computer games."



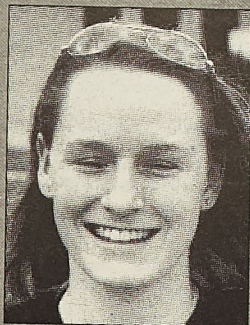
Jake Stroupe
Sophomore
Mechanical Engineering

"I work out three times a week in the weight room and I play racquetball, Ultimate, and football on the weekends."



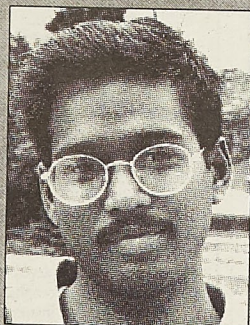
Lee Yellock
Freshman
Electrical Engineering

"I'm a football player, so they make us run in the morning and work out three times a week."



Veronica McAffrey
Senior
Nuclear Engineering

"I go down to the Multi-Purpose at least three or four days a week and I do cardio, stairmaster, rowing, curls, and biking. I've also gone on a low-carb diet."



Srirama Kolla
Graduate Student
Computer Science

"I don't."

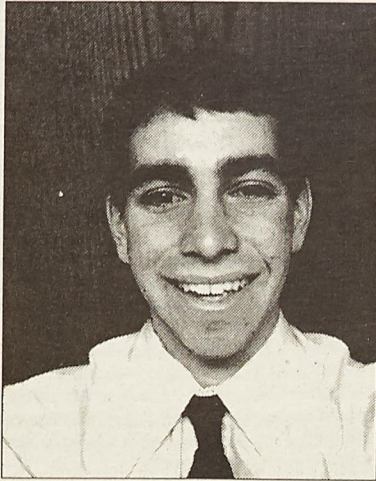


Zach Wiedlocher
Senior
Electrical Engineering

"I go to the Rec Center, lift weights, run, play racquetball, and play intramural sports."

Candidates: Student Body President

Jonathan Buhacoff



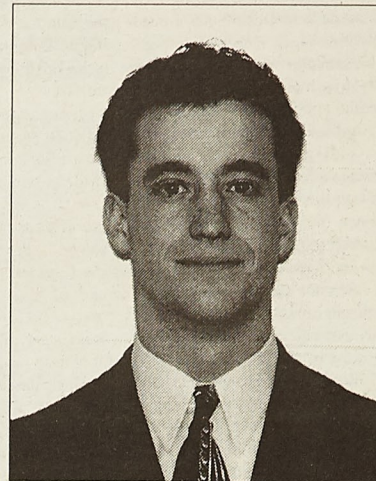
Hometown: Ra'anana, Israel
 Major: Computer Engineering
 Email: buhacoff@umr.edu
 Homepage: <http://www.umr.edu/~buhacoff/jonathan/>
 Graduation date: May 2002
 Class load next year: If I'm elected, 12. Otherwise, I'll keep going with my 18.
 Campus activities and positions:
 * Kappa Kappa Psi
 * Juggling Club (not really this semester, though... I haven't had much time)
 * Taekwondo Club
 * Society of Hispanic Professional Engineers
 * I'm an RA at Thomas Jefferson Hall (5 South)
 * Student Council

My goals:

To make UMR a happy place and a great place to go to school.

Why any Joe Miner should elect Jonathan Buhacoff (that's me!) for president: I love UMR. I have heard people joke or complain that this place sucks. I always wonder why these people are still here. Are they stranded? Probably not. (Actually, I met one guy last year who came here from God-knows-where to become an engineer, hated it, and had to work at a gas station for a while until he saved enough money to move out of town). It's more likely that the superior education, the comfortable atmosphere, or some wonderful friends outweigh the bad stuff. The idea of being happy here rests on your attitude. If you're dissatisfied and you're willing to work with me, my promise to you is that by the end of my term you'll be a happy Miner. Everyone else: If you're happy and you know it, vote for me! (Clap your hands!).

Cody May



Hometown: Jackson, MO
 Major: Engineering Management
 E-Mail: cody@umr.edu
 Web: <http://www.umr.edu/~cody>
 Year: Senior
 Graduation Date: May 2001
 Class Load Next Year: 15/Semester

Student Council Experience:

- * 4th semester on Student Council and the Executive Committee
- * Vice President of Internal Affairs (99-00)
 - * Responsible for the internal workings of Student Council
 - * Responsible for overseeing the operation of the five internal committees
- * Constitution and Bylaw Revisions
- * Coordinated St. Pat's Engineering Contest
- * Chair Executive Committee
- * Primary Parliamentarian for Student Council
- * Recruitment and coordination of Student Council publicity

* University Relations Chairman (98-99)

- * Researched and drafted the Student

Council Resolution Toward Further Student Input on Tenure of Professors (Passed 9899R3)

- * Assisted the draft resolution to include sexual orientation in the non-discrimination clause (Passed 9899R5)
- * Researched possible approaches to rollerblading and biking on campus
- * Worked with administration on student issues and concerns
- * Reformed and served on the Student Health Advisory Committee (SHAC)

Campus-Wide Committees:

- * Academic Council
- * Parking, Security, and Traffic Committee
- * Public Occasions Committee
- * Student Affairs Committee

Campus Activities and Positions:

- * ASUM Board of Directors
- * SUB Sound and Light Committee and Films and Video Committee
- * Quadrangle Hall Association
- * Residence Hall Association
- * Winter Workshop Steering Committee
- * UMR TECHS
- * New Student Mentor
- * National Conference on Student Services - New Orleans November 1999
- * Bacchus and Gamma National Conference Presenter - Orlando November 1999
- * Society of Manufacturing Engineers
- * American Society of Civil Engineers

Goals:

- * Provide Campus Announcement Computers to inform the student body of campus events and activities.
- * Ensure that incoming students have the option of 2-day preview sessions.
- * Promote student involvement in the Universities recruitment, retention, and marketing efforts through programs such as SHARP and Jason Bridge's Program.
- * Help fundraising efforts for the University Center Renovation.
- * Increase Student Council publicity across campus and also increase student involvement in council.
- * Develop more meaningful questions for the end of semester class evaluations.
- * Urge the campus to consider a University-wide common hour.
- * Improve advisor effectiveness and involvement.
- * Complete the efforts toward a campus policy for student input on tenure.
- * Support student input in the Residence Hall renovation projects and community displacements for the learning communities.

Why Cody May Should be Elected Student Council President: The Student Council President should have the experience, skill, and desire to represent the student body. My experience on campus began in the residence halls four years ago. I then moved on to serve the student body as the University Relations Chair. While chairing the committee, I gained valuable working relationships with the administration and staff of the University. Over the past two years of serving on Student Council I've seen every aspect of Council's inner workings and that of the University of Missouri System. I've been to many Intercampus Student Council meetings, Board of Curator's meetings and worked with others on the system level while I served on the Associated Students of the University of Missouri Board of Directors. Through all these experiences I have refined my leadership skills and developed the desire to hold the position of Student Body President.

Goals are sometimes set in Council and forgotten or overlooked because of poor communication and management. Most of the work in Council is accomplished on the committee level. A motivated and involved executive committee will provide a viable network for accomplishing Council goals in a timely manner and consistent with the students needs. Constant communication between committee chairs, committee members and the officers is vital to accomplishing Council's goals.

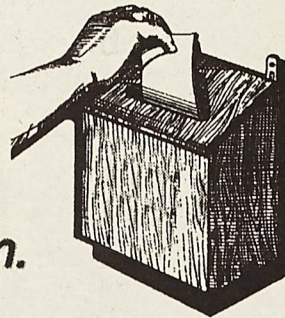
I have a sincere interest in helping the students and representing their concerns. My experience, drive, and determination makes me the best candidate for the position.

Vote

Polls Open Today-Friday

Where/How?:

- ✓ Table at the Puck
10 a.m. to 2 p.m.
- ✓ e-mail
- ✓ STUCO website



polls close Fri. 4p.m.

Search Committee to hold open forums

Gretchen Gawer
Assistant Features Editor

The Chancellor's Search committee will be holding several open forums to discuss the selection of the University of Missouri-Rolla's new Chancellor. These forums are designed to be a two way discussion of the search process, getting input from student's, faculty and staff. The forums are going to be hosted by the Committee Chair Dr. Jeff Cawfield.

Cawfield said, "We'll answer questions. Basically, the idea is to have a two way exchange of information. Anybody who comes to the forums can ask questions about what the time schedule is, what we're looking for...basically questions about what we're trying to do and how fast we're trying to do it...we're looking for input from the campus community-students, staff and faculty- as we try to develop a list of characteristics that we're looking for, a job description almost, or a leadership description. We're looking for input from everybody on what they would like to see in a chancellor."

Joe Schmidberger, Student Body President, feels that the forum has the chance to be productive. Schmidberger said, "I think the forum is good. It's going to give the students and staff who are not on the committee the opportunity to voice their opinions of which traits and attributes the new chancellor should have. Also, they have the chance to give the committee names of those people they believe to be qualified."

The committee hopes that students will bring good ideas to the

forums. Cawfield said, "Good positive suggestions about what to look for in candidates, that's what we're looking for whether it comes from a faculty member or from anybody we'll take them seriously and try to meld that into a description we can use to guide us as we're paring down the list. I hope a lot of students will come and give us some input if they've got some ideas or just listen to see where we're headed right now."

The selection process for the new chancellor will begin with the committee taking applications and selecting which of these applicants will become finalists. From these finalists, President Pacheco will select the new chancellor. Cawfield said, "Our job is to pare down the list to maybe three to five candidates who the committee believes would be good for the campus and would be acceptable as chancellor's and then Dr. Pacheco will make the final decision...It's his decision to hire who he believes is best and who he can have confidence will lead the campus and work within the University of Missouri system the best."

Although students will have input at these forums, some worry that students are not adequately represented on the selection committee. Schmidberger said, "I personally wanted the committee to be smaller and with less faculty members. So many faculty members is extreme. The problem is that the one student on the search committee is not able to talk amongst other students in order to obtain different ideas and specifics on the candidates discussed in the confidential meetings. Other students must wait until the finalists are brought to cam-

pus."

Cawfield said, "The final candidate list will be public information, as far as I know. Their visits to campus will be announced and then I expect that students, staff and faculty will all have a chance to meet with these people under formal and informal venues. Prior to that everything is very confidential because if candidates are in a high at an existing university they certainly don't want to be looked at as someone looking for another job somewhere else."

In response to Schmidberger's letter to Pacheco requesting more student involvement on the search committee, Schmidberger said, "He [Pacheco] likes the committee how it is and would invite students to participate in interviewing the candidates when the finalists come to campus."

Students who would like to give some input and are not at the forums or would like to specifically speak to one of the committee members are welcome to contact them. Cawfield said, "Sincerely, we really want input. Contact me or any other members of the search committee. We will certainly listen to whatever you have to say my e-mail is jdc@umr.edu. Positive suggestions from interested parties are always welcome."

The forums will be held on Wednesday, March 1, at 8 p.m. in the Hall of Fame Room in the Gale Bullman Multipurpose Building; Thursday, March 7, at 2 p.m. in the Missouri Room of the University Center East; and Tuesday, March 7, at 10 a.m. in Centennial Hall East.

Features Editor **Andrea Benson** contributed to this story.

UMR Crime Blotter

02/25/00: UMR Police provide information and description of items stolen from library on 02-23-00 to local pawnshops.

02/25/00 at 1:10 p.m.: UMR Police place towboot on vehicle found in a campus lot that has been ticketed numerous times with \$80 in outstanding parking fines.

02/25/00 at 9:20 a.m.: UMR Police respond to Multi-Purpose in reference to a non-student having a heart attack. Same was transported to PCRMC and then medivaced to St. Louis for further treatment.

02/25/00 at 12:55 a.m.: UMR Police assist Security Guard with transport and storage of a bicycle found lying in the grass on main campus.

02/25/00 at 12:35 a.m.: UMR Police find unsecure vehicle while responding to suspicious noise report in TJ parking lot. Vehicle owner notified and secured same.

02/24/00 at 8:40 p.m.: UMR Police detain and issue verbal Trespass warning to a student bicycling on campus. Same was entered into the electronic database in dispatch.

02/24/00 at 8:07 p.m.: UMR Police detain and issue verbal Trespass warning to a student bicycling on campus. Same was entered into the electronic database in dispatch.

02/24/00: UMR Police give information on stolen items from yesterday's thefts at library to local bookstores.

02/24/00 at 1:30 p.m.: UMR Police place towboot on vehicle found in a campus lot that has been ticketed numerous times with \$100 in outstanding parking fines.

02/24/00 at 12:00 p.m.: UMR Police surveil a suspicious individual near Electrical Engineering and Parking Area #35. Subject left the area without incident.

02/24/00 at 6:46 a.m.: UMR Police assist RPD at vehicle accident scene involving a university vehicle and employee. No injuries were reported and the UMR vehicle was towed from the scene.

02/24/00 at 9:25 p.m.: UMR Police respond to a report of a stolen student backpack at the campus library. Investigation revealed two student's packs were stolen from unsecure 3rd floor study rooms while unattended at about 8:35 p.m. One student lost a green backpack with five textbooks and writing materials, the other lost a blue backpack with an HP48G calculator, Thai translator/dictionary, copycard, zipdisk and writing materials. Continuing.

02/23/00 at 6:30 p.m.: UMR Police remove a student from Multi-Purpose who had been drinking and was disruptive during the basketball game. Report copy will be sent to Student Affairs.

02/23/00 at 1:00 p.m.: UMR Police contact student who reportedly witnessed an incident of Indecent Exposure on 11th Street near Castleman Hall at 1:00 p.m., 02-22-00. Report taken and information forwarded to RPD.

02/22/00 at 10:45 p.m.: UMR Police respond to Miner Recreation building in reference to a student injured during a sporting event. Same was transported to PCRMC by ambulance for treatment.

02/21/00 at 12:00 p.m.: UMR Police detain two juveniles bicycling on campus. Same were given Trespass warnings and they left university property.

02/20/00 at 12:30 p.m.: UMR Police arrest and book Joshua A. Henson, 22, on DWI charges after he is stopped for traffic violations off-campus. Same was later released on summons and transported home.

02/16/00 at 4:47 p.m.: UMR Police contacted by mother of woman who delivers early morning newspapers on campus. Woman ingested fire extinguisher powder at Quadrangle which had been sprayed earlier and was stirred up in a stairwell by a breeze. Report completed.

02/16/00 at 4:30 p.m.: UMR Police called by concerned parents unable to contact their son, a UMR student. Student was located by officer at 8:37 p.m.

Democratic

from page 3

free will, for or against Gov. Bush or Senator McCain.

All I can really say is that the Republicans need to stop crying and whining about Gov. Bush losing to Senator McCain. If they feel that Gov. Bush deserves the nomination, they need to get the word out about Gov. Bush and start taking some action.

Unfortunately this pun fits perfect for the Bush supporters, "A rolling stone gathers no moss." So instead of sitting and pouting about your loss, how about getting off your duff and doing something about it. Then if you work your tail off and lose, then you actually have something to cry about.

Republican

from page 3

hard time winning the 54 electoral votes against Gore as the democratic candidate.

In light of this, are the liberals doing the Republican party a favor by voting for GOP candidates? Are they adding something to the results, giving a more diverse picture of who will actually win? Or are they simply choosing a candidate that can be beat? Right now it is hard to decide. Bush is the frontrunner according to the GOP. However, McCain won two key primaries, in New Hampshire and Michigan. Does this signal an inevitable changing of the guard? You decide! Email me at cwillson@umr.edu and tell me whom you would vote for and why.

Abroad

from page 1

gram, including improved language skills, experience in acquiring research data and problem solving, making longtime international friends and connections, and, naturally, becoming introduced to other cultures.

"The student's needs are always put first," one student who spent a semester abroad commented. The classes at host universities provide new experiences and challenges to students; another UMR student stated that he "found the classes to be quite challenging and demanding, but did allow for lots of free time."

Although many engineering, sci-

ence, and management systems students travel abroad to get some of their humanities classes out of the way, others (such as many engineering and mining engineering students) have had the opportunity to take engineering or mining courses in Europe, South Africa, and Australia.

Anyone who is considering studying abroad is encouraged to speak to Jim Jackson in the Office of International Affairs, which is located at 103 Norwood Hall. He can be reached for arranging a private appointment at 341-4208. Also, there is a presentation about the program open to all students on Thursday, March 23, at 2:30 p.m. in the Office of International Affairs.

Do you have writing skills that can't wait?

How about being a writer for the Miner?

The Miner is looking for writers for the news section. No prior journalism experience is necessary, just a great attitude!

Contact Brad Neuville at bjn@umr.edu.

Opinions

Women who stay at home are not sinners

An Editorial by Features Editor, Andrea Benson

Something I have always wondered is why staying at home is a sin to the modern woman. I have many female friends, and I have often heard them laugh about their jobs and "at least she's not sitting around at home all the time raising children." What is so wrong with this?

I think it goes back to the age-old theory that all women must stay at home in order to be a good woman and a good wife. She had to study manners and etiquette and she must be always concerned with how best to fix a meal and keep a house clean. Society neglected to realize that a woman was as capable as a man to hold a job and to work as hard as he did.

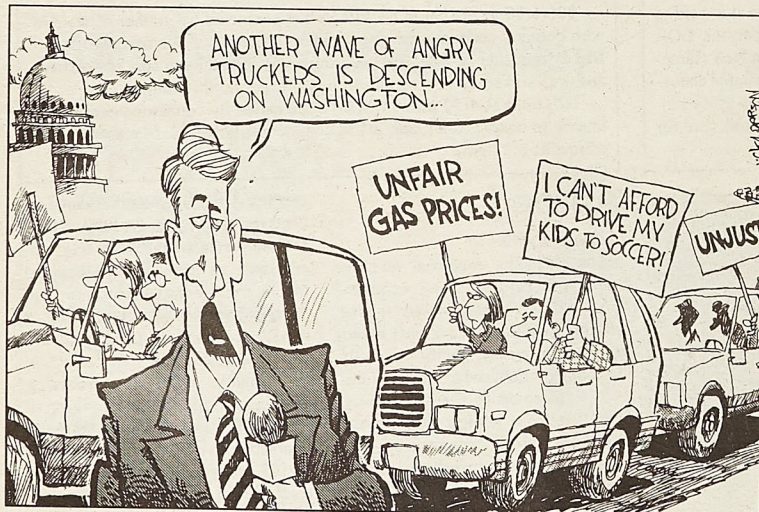
As I look at the women at this university, I understand that these days have past, thanks to the women's movement. It's true that this university is far from being equal in number, but most of the women here know the truth about the equality of men and women and have no illusions that staying at home and cleaning is the highest extent of their abilities. I applaud their ambition, and I feel that they are the examples for women everywhere to realize their potential.

However, I have heard too many times the sneer of the woman who does decide, despite her intelligence and her potential, to stay home and raise a family and be a full-time wife. It seems that some women have forgotten that they have the right to choose their career, whether it be a C.E.O. of a major company or the mother of outstanding children.

The last time I looked, the children of our society have been somewhat neglected. They have not been taught manners nor experienced much of life beyond a television set or a video game. Some children are just that way by personality, but many have not had the advantage of a full-time mother who gives her time to understand their needs. Raising children is a full-time job. It is a 24-hours a day seven days a week job discovering the child's gifts, making sure the homework is done, teaching them to respect others and deal fairly, to understand the feelings and growth patterns of the child, to know when to intervene and when to back away and let them learn about life on their own. A mother does not necessarily have to be involved in everything, but rarely do I see the mother who is involved in anything her child does. Many times the modern woman does not have enough time to think about the nutrition of the child, much less cook dinner for a sit-down meal with the family.

Ever so slowly, the family structure has been broken to where parents operate individually and don't think so much about the other people in the family. Society used to encourage the mother to oversee the unity of the family structure, but now mothers have been encouraged to take more of a part in the job market and are shunned as being a poor example of the women's movement if they choose otherwise.

I want to remind women that the purpose of the women's movement was to give women the right to choose her destiny, and not to have it handed to her as an obligation of society. I fear that women have gone the complete opposite direction in their thinking, and now think that it is a sin to want to be an intelligent mother who supports her family for a living. No, it doesn't pay monetarily, but when the woman sees her child make the winning goal, get first place in a spelling bee, or play beautifully in the school orchestra concert, she knows that she has performed well, and is well compensated. Mothers are some of the hardest working, highest motivated women in the world, and they deserve as much credit as the most ambitious female nuclear scientist.



Correction

In the February 23 issue, "Twenty-two points, plus triple-word-score, plus fifty points for using all my letters. Game's over. I'm outta here." was added to Bradley Neville's editorial by a computer virus.

Open Letter to University of Missouri System President:

Student Body President believes students underrepresented in chancellor selection

President Pacheco:

I am very concerned about the composition of the search committee. Originally, I was under the assumption there would be 9 members on the committee, 1 being a student. You also said there would be a plurality of faculty, not a majority. As I look at the list, there are 12 members, 7 of which are faculty. I would like to know why there was such a large change in your original plan. A change, I might add, that no one knew about. With this current setup, I see everyone but the faculty at an extreme disadvantage. The students make up a very large portion of this campus and with 12 members on the Search Committee, I (along with my fellow students) feel that 1 student is not sufficient. You have left students, and everyone else involved, at the mercy of the faculty. Thank you.

Sincerely,

Joe Schmidberger

UMR Student Body President

Letter to the Editor:

Chi Omega thanks campus and community

Dear Mr. Editor,

The ladies of the Eta Kappa Chapter of the Chi Omega Fraternity at the University of Missouri-Rolla would like to thank all those who helped support us in our recent spaghetti dinner for charity on February 21st. Thank you to all those who attended and who made a donation. We would like to extend a special thank you to all our donors: Country Mart, Bixler Printing, Triad, Mailboxes, etc., Kroger, Dairy Queen, Sonic, Lee's Chicken, Steak 'n Shake, Walmart, Imo's McDonald's, Prima's, Gordoz, Alex's Pizza, Pizza Inn, Pizza Hut, Bruno's, Lambda Sigma Pi, and Marriott. We raised close to \$1500 to give to St. Jude's Children's Hospital. Thanks again to the UMR campus and the Rolla community for helping to make our dinner a success and contributing to those children in need.

Sincerely,

The Ladies of Chi Omega

Do you have an opinion?

Share it with us!!!

Please e-mail your Letter to the Editor to miner@umr.edu with you name and student number.

Sports

March 1, 2000

The Missouri Miner

Page 7

Women's basketball clinches final playoff berth in OT against Washburn

Antone Smith
Sports Writer

The Lady Miners were 6-18 overall and 4-12 in the Mid-America Intercollegiate Athletic Association heading into this past week.

They were in eighth place in the MIAA standings. In order to clinch a spot in the MIAA conference tournament, they needed to win one of their last two games. They would have to play Truman State University on Wednesday, Feb. 23 and Washburn University on Saturday, Feb. 26.

Truman State University is tied in their series against the Lady Miners with 19 games apiece. The Bulldogs have won the last seven games, with the last one being last month by a score of 86-53.

The Bulldogs (15-8, 10-6) came here to Rolla to play this past Wednesday and had to face the Lady Miners who were hyped up trying to get that win that would clinch them a spot in the MIAA conference tournament. This was shown in the first half of play. The Lady Miners came out in the first half shooting 42 percent from the field, drowned a couple of three-pointers, and were five of eight from the foul line.

The Bulldogs didn't shoot as well from the field (31 percent), but

did their best to keep up. They were down 22-6 at one time in the first half, but regained their composure. They put in a couple of three-pointers, but used the foul line to make up their lost points. At the end of the first half, the Lady Miners led by one point at a score of 33-32.

In the second half of play, the Bulldogs continued their rally that ended the first half. They proceeded to shoot 12 of 30 from the field with four three-pointers and six free throws. The Lady Miners were held to nine of 23 from the field with only one three-pointer and seven free throws.

The Lady Miners just couldn't keep up and lost the game 59-66. Jackie Kelble scored a team high 17 points and Sarah Badsky added 12 points for the team. Janel McNeal led the way for the team as she was in double figures for scoring (15) and rebounding (ten).

The Lady Blues of Washburn University lead their series with UMR 16-3. The Lady Blues lost to the Lady Miners earlier this season by a score of 81-76.

The Lady Blues (12-16, 6-11) hosted the game against the Lady Miners. The Lady Miners came out in the first half used a 16-2 run to push their lead to 18 at halftime.

The Lady Miners shot 13-26

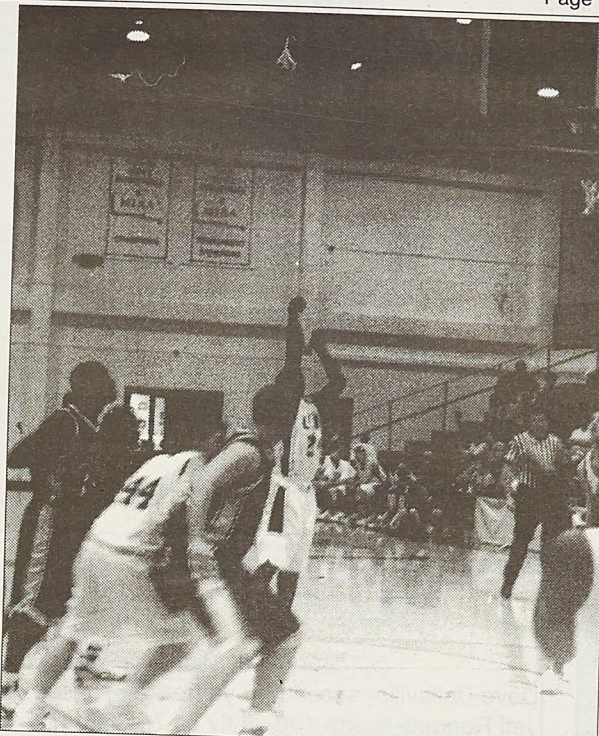
from the field, making seven of their eight three-point attempts and both of their free throws. The Lady Blues could get things together and were only 6-23 from the field, with two three-pointers and three free throws. The Lady Miners led 35-17 at halftime.

In the second, things were reversed. It was the Lady Blues that were on their game and the Lady Miners that could get things together. The Lady Blues used a 32-9 run to regain the lead, but the Lady Miners stuck with them and took the game into overtime with a score of 57-57.

In the second half, the Lady Blues were 18-39 from the field with two three-pointers and two free throws. The Lady Miners shot 8-15 from the field with one three-pointer and five free throws.

Badsky and McNeal led the Lady Miners in the second half by combining for ten of the team's 11 points. The Lady Blues were held to eight points in overtime. Thus, the Lady Miners won the game 68-65.

The Lady Miners played against Emporia State University this past Monday, Feb. 28 at 7 p.m., but results were not available at press time.



Scott Holly shoots a free throw during the Miner's home game on Dec. 4 against Lincoln University. The Miners went on to complete the season with a record of 6-19 overall and 1-17 in the MIAA, which eliminated them from post-season play. The women, however, did make the playoffs capturing the eighth berth with a record of 7-19 overall and 5-13 in the MIAA with one game remaining. photo by Brandon Belvin

Swimming heads to Nationals, looks to take on Drury

Tera McCallum
Sports Writer

After being in third place behind Drury University and Truman State University last weekend at the Central States Classic, the University of Missouri-Rolla's swim team was able to take up some slack on the last day to come out on top against the Truman State University Bulldogs.

"We were not that worried about being behind Truman after the second day," flyer Matt Scott said. "Typically going in to the last day we are behind Truman, but always pick up the pace on the last day and are able to beat them."

After finishing two days of swimming at the meet that would be the Miners' last before Nationals, UMR was swimming with the primary goal of catching Truman. Truman had been consistently ahead of the Miners in points throughout the first two days of swimming, but at the start of the third day, the Bulldogs were only eight points ahead.

In National Collegiate Athletic Association polls previous to the meet the Miners had been ranked third nationally and the Bulldogs had been in seventh nationally. Despite

being ranked ahead of the Bulldogs the Miners had the disadvantage of not being rested. Many of the Miners would be swimming in three weeks at the nationals meet so could not rest yet; for most of the Truman team conference was their last meet so they could rest and shave to swim their best times of the year.

The first event on the third day proved to be a good start to beating Truman. At prelims previous in the day, the Miners had qualified three swimmers for finals in the 1650-yard freestyle, which would guarantee them points. National swimmer Vanja Dezelic finished first for the Miners in fifth place in a time of 17:04.57. Rob Reiss finished just one place behind Dezelic in a time of 17:11.11 and John Cochran finished in seventh behind Reiss in a time of 17:13.99.

Following the 1650-yard freestyle the Miners had two swimmers advance to finals in the 200-yard backstroke. Josh Jolly and Ben Karstens finished in sixth and seventh places respectively. Jolly finished in a time of 1:58.76 and Karstens finished in a time of 1:59.74.

The Miners had a complete domination of Truman as UMR

would have five swimmers in finals and end up taking second, third, fourth, seventh and eighth places in the 100-yard freestyle behind the first place Drury swimmer. National swimmer Dave Belleville took second place in a time of 46.18, national teammate David Nurre would take third in a time of 47.46 and another national teammate Mike Lach would finish just behind Nurre in fourth place in a time of 47.82. Kris Leftwich would take the seventh place in a time less than a half a second behind Lach in a time of 46.28 and John Reiter would take eighth in a time of 48.79. In all the Miners gained 61 points from the 100-yard freestyle alone.

The Miners continued their pace in the 200-yard breaststroke as national swimmer Bruno Amizic would easily take third place in a time of 2:07.64. Sean Garceau took eighth place in the finals in a time of 2:11.85. In the consolation finals national swimmer Jeremy Evans took 12th place in a time of 2:18.37.

In the following event the 200-yard butterfly the Miners had all four swimmers make it to finals where once again the Miners were able to dominate. Jeff Raggett was the top finisher for the Miners in third place

in a time of 1:54.81. National swimmer Steve Caruso finished in a time of 1:56.67, which was good for fifth place with national teammate Scott just a second behind him in sixth place. The final swimmer in the 200-fly for the Miners was Cochran who finished in eighth place in a time of 2:07.07. The Miners got the boost of another 46 points from the 200-fly.

In the final event of the day, the Miners finished off their domination of Truman in the 400-freestyle relay. Drury took first, and the Miners were just a second behind in second place. The team of Belleville, Nurre, Evans, and Lach teamed up to turn in a second place performance in a time

of 3:06.08.

While the Miners had previously trailed the Bulldogs by as much as 60 points the final score left the Bulldogs 56 points behind the Miners. The final score for the meet had second ranked in the nation Drury in first place with 946 points, third ranked in the nation UMR in second with 662 points, Truman in third with 606 points, Indianapolis with 264, Lewis with 197 and Vincennes with 179.

"We really never had any doubt about our ability to beat Truman," said senior Nurre. "In the past the last day has always been our best day and this year was no different."

Miner Match-up

Swimming
UMR
at
NCAA Division II Championships

Buffalo, Ny.
March 8-11

Miner Sports Recap

Men's Basketball

UMR 62
Truman State 69
 Wednesday, Feb. 23
 Kevin Robertson 17 points, 4 rebounds
 Will Partien 14 points, 3 rebounds

UMR 55
Washburn 90
 Saturday, Feb. 26
 Scott Holly 18 points, 4 rebounds
 Ben Wood 12 points, 3 rebounds

Women's Basketball

UMR 59
Truman State 66
 Wednesday, Feb. 23
 Janel McNeal 15 points, 10 rebounds
 Jackie Kelble 17 points, 4 rebounds

UMR 68
Washburn 65
 Saturday, Feb. 26
 Sarah Badsky 15 points, 7 rebounds
 Amy Milliken 14 points, 3 rebounds

Indoor Track & Field MIAA Championships

Fri-Sat, Feb. 25-26

Men's

55-m Dash: 11. Genesis Williams 6.67

400-m Dash: 12. Mike Smolinski 52.23

Mile Relay: 7. Missouri-Rolla, 3:34.50

Triple Jump: 9. Chris Keithley 41-1

Women's

400-m: 12. Nicole Schmidt 1:07.96

Mile: 11. Kim Hoffman 5:36.26

High Jump: 5. Rachel Kuro 5-0 1/4

Swimming

UMR at Central States Invitational

Feb. 18-20

Drury 946, Missouri-Rolla 662, Truman State 606, Indianapolis 264, Lewis 197, Vincennes 179

Dave Belleville- second 50-yd free 21:15, second 46:18 Bruno Amizic- third 100-yd breast 58:66, third 200-yd breast 2:07.64

Jeff Raggett- fourth 100-yd fly 51.75, third 200-yd fly 1:54.81 Mike Lach- third 50-yd free 21:54, eighth 100-yd back 55.15

200-yd free relay: John Reiter, Lach, Belleville, David Nurre, second 1:24.92

200-yd medley relay: Josh Jolly, Jeremy Evans, Matt Scott, Lach, fourth 1:36.40

Track and field prepare for indoor conference meet

Tera McCallum
Sports Writer

The Central Missouri State University Classic proved to be a welcome change for the University of Missouri-Rolla track and field team. After two weeks of competing with primarily Division I schools the CMSU Classic fielded teams that UMR was able to be more competitive against.

Despite the meet officials rushing the meet and the Miners taking it easy to prepare for conference the following weekend, UMR was still able to have success in many of the events. After two meets of having to fight for even a few top 20 finishes, the Miners were able to have every runner finish in the top 20 at the Classic.

The first event of the Classic gave the Miners three top 20 finishes as in the 200-meter dash UMR's three newcomers would take tenth, 16th, and 20th places. Genesis Williams took the tenth place spot with a time of 23.65, Joe Stehley took the 16th spot in a time of 24.09, and teammate Shawn Stengel was just behind Stehley in a time of 24.39.

Sprinter Adam Farag was able to grab a top ten finish for the Miners in the following 400-meter dash, as he would cross the line in 54.04, good for eighth place.

Following Farag's finish in the 400, Mike Smolinski and Matt Tieg would team up for two more top ten fin-

ishes. Smolinski would finish in a time of 1:16.44 in the 600-yard run which was good for a sixth place finish, and Tieg would finish in ninth place with a time of 1:25.16 in his first time running the 600.

In the 800-meter run Dale Elliott would get one of his two top ten finishes as he would cross the line in a time of 2:02.41 which put him in seventh place. Teammate Nick Ragsdale would finish just a few seconds behind in tenth place with a time of 2:05.84.

Elliott would immediately follow his 800 performance with a fourth place finish in the mile run, which would be the best finish of the day for the Miners. Elliott finished in a time of 4:17.62, just four seconds behind the top finisher. Teammate Josh Sales finished with a time of 4:40.60, which put him in 12th place.

The only distance event of the day was the 3,000-meter run. Teammates Kevin McGuire and Kevin Johnson teamed up for a 13th place and 15th place finish. McGuire finished in a time of 9:38.70 while Johnson crossed in a time of 9:46.65.

The only relay the Miners participated in was the 4x400 relay. While most of the participants in the relay were tired from previous events, the team was still able to finish in a respectable sixth place with a time of 3:34.46.

The two field events the Miners had entries in proved to be stacked with tough competition. In the long jump

Miners Chris Keithley and Stengel finished in 13th and 14th places. Keithley was able to jump 19'9" and Stengel was just behind him in distance with his best jump being 19'4 1/4".

In the triple jump Keithley had one of his best jumps of the season as he finished with the fifth best jump of the day at a distance of 42'10 3/4".

On the women's side the Miners got another number of top 20 and top ten finishes.

In the very competitive 200-meter dash newcomer Nicole Schmidt turned in a 13th place performance as she finished in 30.12. Schmidt immediately followed her 200 performance with an 11th place finish in the 400-meter dash. Schmidt, though coming off one tough race, was able to finish in a time of 1:08.54.

The following race, the 800-meter race gave the Lady Miners their first top ten performance of the day as Amanda Christensen finished in sixth place with a time of 2:44.20.

Teammates Kim Hoffman and Sheri Lentz followed Christensen's 800 performance with a seventh place and 12th place finish in the mile run. Hoffman finished in a time of 5:33.70 and Lentz finished half a minute behind in a time of 6:09.08.

The two followed their mile run with another race in the 3,000 meter run. Hoffman finished the 3,000 in a time of 11:31.47, which put her in 13th place, and Lentz was five places behind in

18th place in a time of 11:58.05.

The Lady Miners got their best finish of the day for standout high jumper Rachel Kuro. Kuro had the fifth best jump of the day at 5'1".

In all the Miners were able to be much more competitive than they have been in previous meets, and were able to have a number of good races despite resting for conference the coming weekend.

"We got a good preview of the run-

ners that we will be running against conference this coming weekend." said distance runner McGuire. "We took easy at this meet to rest up for conference. There weren't any Division teams, though, so we were able to more competitive than in recent meets."

The Miners ran indoor conference this weekend at CMSU as well. At conference the team will get two weeks off before outdoor season begins at Pittsburg State University.

Lacrosse team loses first two games, gains valuable experience

Joe Molinaro
UMR Lacrosse Club

The University of Missouri-Rolla lacrosse team lost their first two games of the season against Truman State University and the University of Missouri-Columbia this past Saturday, but they were not defeated in spirit.

For many of the team members it was the first time to have ever played the game, and it was the first time for all the team members to play together and learn how to work with each other on the field against more experienced teams. It was a good learning experience for everyone on the UMR team and when they face Washington University

today at 7 p.m. and Kansas State Saturday, March 4 at noon here in Rolla, at the Multi purpose fields they will be ready for whatever is thrown at them.

For the first time that this sport has ever been introduced to UMR the lacrosse team had an excellent turnout of lacrosse fans. Even during the team's defeat they stayed fired up with the crowd's cheers and excitement when there was a goal scored or a fierce hit upon an opponent. The lacrosse team hopes that its new found fans will continue to come out and support them, along with any new fans that wish to come out and see the UMR lacrosse team give it their all.

Men's basketball finishes season up

Antone Smith
Sports Writer

The University of Missouri-Rolla's means basketball team was 6-17 overall and 1-15 in the Mid-America Intercollegiate Athletics Association. They have been eliminated from the Mid-America Intercollegiate Athletic Association conference tournament [only eight of the ten teams are allowed in the tournament, the Miners record was not good enough], but still had two games left in the season.

The Miners took on Truman State University this past Wednesday, Feb. 23 in the Multi-Purpose building. Truman State (14-10, 7-9), the Bulldogs, lead their series with the Miners 86-41.

In the first half of this game, the Bulldogs shot better than the Miners. The Miners were nine of 27 from the field with four three-pointers and two free throws. The Bulldogs were 14 of 25 from the field with two three-pointers and two free-throws. The Bulldogs led by eight at halftime with

a score of 32-24.

The Miners came out playing better in the second half. They took better shots, as they were 14 of 35 from the field with five three-pointers and five free throws. The Bulldogs continued to play the same style game and were 12 of 22 from the field with two three-pointers and 11 free throws.

The Miners outscored the Bulldogs in the second half (38-37), but were unable to make-up the eight point deficit. The Miners lost by a score of 69-62. They had four players in double figures for points (Kevin Robertson-17, Scott Holly-14, Will Partin-14, and Kasim Withers-12).

This past Saturday, Feb. 16 the Miners traveled to Topeka, Kan. to take on Washburn University (20-5, 13-4). Washburn leads the series over the Miners 11-7, but were upset earlier in the season by the Miners.

Washburn, Ichabods, was giving no mercy this game. They knew that they had messed up the last game and were looking for revenge. The Ichabods came out and stomped the Min-

ers in the first half of play. Washburn was 17 of 29 from the field with three three-pointers and eight free throws. The Miners were held to eight of 26 from the field with six three-pointers and they missed their two free throws. The Ichabods had a 45-22 lead at half-time.

The Miners tried to recover in the second half, but were out gunned. The Miners were 12 of 29 from the field with four three-pointers and five free throws. Washburn continue to dominate the game as they were 17 of 32 from the field with one three-point and ten free throws. The Ichabods were relentless as they outscored the Miners 45-33 in the second half.

The Miners lost the game by 35 points with a score of 90-55. They had two players in double figures for points (Scott Holly-18 and Ben Wood-12). Washburn had two players that combined for 45 points (Ewan Auguste-24 and Eric Carter-21).

The Miners' season has come to an end. The Miners were 6-19 overall and 1-17 for the season.

Man in charge of the 2000 Olympics likes the view so far

Alan Abrahamson
L.A. Times/Washington Post

If he could write a perfect script now, with 200 days to go till the opening of the Sydney Olympics, Michael Knight, the Australian government minister in charge of putting on the Games, says it would go like this: No rain. The athletes "have a ball." The Australian team wins 60 medals up from 41 four years ago. And: "I didn't have to give a press conference about a problem during the whole period of the Games."

Knight paused. A longtime politician who has developed into an astute businessman, the type of man given to reflection on the endless manner of problems sure to confront him between now and the Oct. 1 end of the Games, he said with a wry smile, "I'm most confident about the 60 medals."

In an exclusive interview with the Los Angeles Times, Knight, the president of the Sydney Organizing Committee for the Olympic Games, readily conceded that SOCOG, as it is known, "will have problems between now and the end of the Games."

But he was also quick to say he is "quietly confident" he has the Games on track to become the best ever as IOC President Juan Antonio Samaranch, who was here two weeks ago, said they well could be.

Sydney was awarded the Games in September 1993. After nearly 6 1/2 years of preparation, Knight can survey these scenes from his empire and see sound reason for optimism: The major construction projects are, for the most part, finished.

The 110,000-seat stadium, site of the opening and closing ceremonies

and the track and field events, is breathtaking in design and execution. Lush green grass is growing at the 15,000-seat baseball stadium. The duller green artificial surface is in at the 10,000-seat tennis stadium. The aquatics center is already yielding the sounds of school kids and club meets. Even those facilities much farther down the priority scale are due to open on time, like the main press center that is, after officials move the cattle and horses out after the annual Easter livestock show.

"All we have to do is hose them down," said Richard Palfreyman, a SOCOG spokesman. He paused. "And then, when the Games are over, we'll hose them down twice and put the animals back in."

Australian scientists may be zeroing on a test for EPO, a banned performance-enhancing hormone that is undetectable using current tests.

Earlier this month, the IOC signed a deal with the Australian government to promote such research. Samaranch took pains when he was here two weeks ago with the IOC's ruling Executive Board to note he hoped a test would be ready by September.

The Games' transportation system, a complex web of buses and trains, is ready to be rolled out. If all goes well, Olympic Park located in a western suburb, Homebush Bay will be about a half-hour ride from downtown Sydney.

If not, Sydney will have a transit debacle like the one that dogged the Atlanta Games in 1996.

In Sydney, the task has been turned over to a special government agency, the Olympic Roads and Transport Authority. ORTA has been

granted wide authority to keep things moving.

A series of events at Olympic Park will test the system.

"Transport is the biggest challenge any Olympic city ever faces," Knight said.

Police in New South Wales, the state in southeastern Australia in which Sydney is located, have a streamlined command-and-control system unlike anything in the United States.

In the U.S., local, state and federal law enforcement agencies readied for the Atlanta Games. In New South Wales, there's one agency, the New South Wales police.

To be sure, they have asked for outside help from, among others, the Australian military and the U.S. FBI.

The main concern, of course, remains a terrorist attack. But Australia is an island nation, a long way away from everywhere else, which logically reduces but hardly eliminates the risk.

Paul McKinnon, commander of the police department's Olympic Security Command Center, said, "There's terrorist plots brewing all over the world. The threat that applies to our part of the Southern Hemisphere, according to international sources, is unaffected by it so far. Now that doesn't mean we sit (back) and do nothing."

A key worry remains an attack like the one during the 1996 Games at Atlanta's Centennial Olympic Park, which killed a woman and injured 100 others. U.S. authorities have charged survivalist Eric Rudolph in the blast, along with the 1997 bombings in

see Olympics, page 10

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Olympics

From page 9

Atlanta of an abortion clinic and a gay and lesbian bar. Rudolph remains a fugitive.

"I am extraordinarily confident the training and preparations that we have done for the higher-spectrum

order of politically motivated violence (and) terrorism is as good as we can get," McKinnon said.

He added, "With that mantle of security thrown over my city, my state and my country, it should detect any of the lesser degrees of violence, whether it's politically motivated or otherwise."

The SOCOG budget is balanced and reasonably final.

In a series of meetings that coincided with the appearance in town of the IOC's Executive Board, the SOCOG board approved a \$1.5 billion budget. That's slightly under Atlanta's 1996 budget, \$1.7 billion.

Knight said he expects no further

significant movement in either revenues or expenses.

The infrastructure tab for the Games is an added \$2.1 billion, split between public and private sources, Knight said.

Like virtually all Olympic Games budgets, Sydney's \$1.5 billion figure was reached after a series of complex steps that would tax students of both political science and accounting.

In early February, for instance, Games organizers ceded responsibility for operating the Olympic venues to the government-run Olympic Coordination Authority.

That was a trade-off for accepting a budget-rescue package devised by Knight: a package needed largely because of a huge projected shortfall caused by a massive overestimate of available seats.

The final budget also reflects complicated albeit entertaining and ultimately revealing dickering over sponsorship money.

Hoping to maximize revenues, SOCOG twice raised its sponsorship targets, meeting the first revised goal but falling about \$70 million shy of the last one.

In what must amount to Australian for chutzpah, SOCOG management had then declared the marketing program a failure. In town for the Executive Board meeting, IOC

Vice President Dick Pound of Canada called that "nuts," saying that the program, which generated about \$865 million for SOCOG in local and global sponsorships, was the most successful in Olympic history.

The next day, with television cameras rolling before the IOC Executive Board meetings began, Knight sought Pound out and planted a kiss on his cheek immediately defusing any tension.

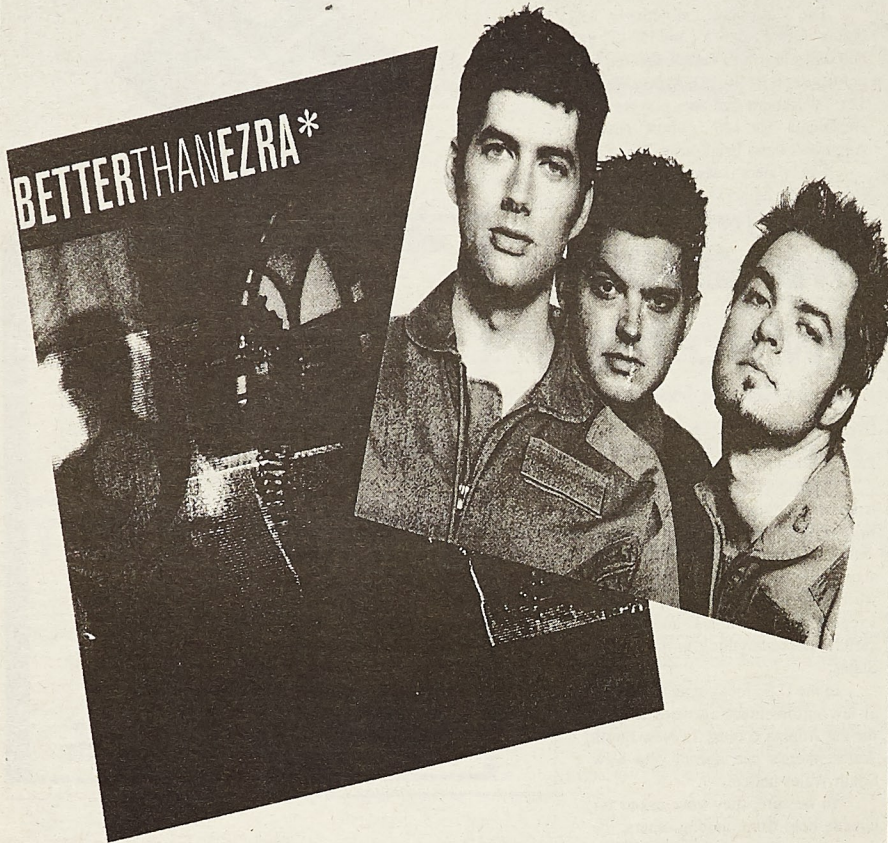
"Dick obviously needed a bit of love and attention, and I thought as a good host it was important to give him some," Knight said.

Pound said, "It was certainly the most exciting part of my day."

As Knight's deft handling of the incident with Pound underscored, it's clear to everyone connected with the Games both in Australia and abroad who's in charge Down Under.

A controversy over a proposed Games ticketing plan dogged SOCOG for most of the second half of 1999 but Knight has finessed the situation to emerge this year with more authority than ever giving the Games the sort of dominant personality that, as Peter Ueberroth demonstrated in Los Angeles in 1984, can be critical to success.

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Features

March 1, 2000

The Missouri Miner

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Feeling good through fitness

Gretchen Gawer

Assistant Features Editor

College is a time when many people pick up bad habits, like not getting enough sleep and eating too much pizza. One bad habit, not exercising regularly, plagues many. They just don't feel like it, or if they do, they start and get bored easily. But regular exercise and a fitness program can have a large positive impact on a person's long range physical health, life expectancy, general well being and state of mind.

According to the American Medical Association at http://www.ama-assn.org/insight/gen_hlth/fitness, exercise works. It increases physical health and can prevent cancer, strengthen bones, control weight, help diabetes, increase capacity and functioning of lungs and reduce cholesterol. Mentally, it can help calm one down, relieve depression and anxiety and reduce stress.

Although some people do not like to exercise, others find that even though it may be tiring, it does have its benefits. Karla Neihause said, "I teach aerobics three times a week and staying consistent with that keeps me really fit as well as watching what I eat. It gives me energy to get through the day, it makes me feel good about my body, and it gives me something to encourage others to do too."

Katie Cadwell, one of her students agrees that exercise gives and extra boost. Cadwell said, "I do step aerobics twice a week and I also recently started weightlifting. I got a set of weights for Christmas. I do it for my health. I'm not out to lose weight or anything, but I feel better when I exercise. I don't get sick as often. And of course there's always the adrenaline high, that's awesome. I kinda get addicted to it actually."

Mark Mullin, the Athletic Director for the University of Missouri-Rolla said, "By having better workouts and being consistent in a physical program I think mentally you will be sharper, it will help relieve stress. There are a lot of things physical activity can do for you as well as increasing the chance of you having a healthy life and living longer.

The hardest part of getting fit is starting a fitness program. Once a person has resolved to get in shape, they may be lost as to what to do next. Finding an activity one enjoys is the first step. But translating that activity into a fitness program may perplex some. Those in need of help can go to the Athletic Department for advice. Mullin said, "We have a lot of people

in our department here, primarily the coaches and the athletic trainer who know a lot about it and who are always willing to talk to students about what they are doing with their programs. I know that coming up here pretty soon we are going to be offering a weight lifting clinic which is geared toward teaching people not only how to use the weights and machines but also teach them how to lift and important aspects of it. Our football coaches are primarily developing that program. We hope that students and faculty and staff will take advantage of that."

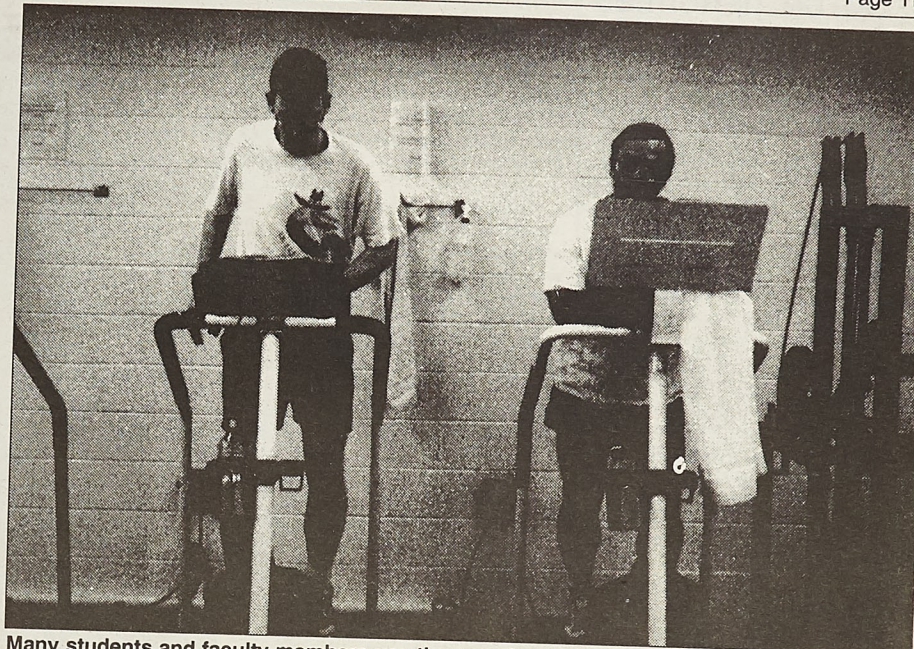
When in search of enjoyable physical activities, the Student Rec Center is also a good place to look. Dan Gronck, a weight room attendant there, described the facilities, "They have the varsity weight room which is free weights and a few machines, and then there's the cardio room which has the stairmasters, the bikes, rowing machine, a few free weights and benches."

Mullin said, "There are a lot of activities over here that are available. You have obviously the facilities themselves. The weight rooms, the gymnasium which provide activities. You've got the racquetball courts, you have the squash court, you have the aerobics room, the jogging track, the outdoor track...the swimming pool... We've got fields a lot of students play Ultimate Frisbee and things like that. There's a lot of opportunity for physical activity."

The next step in implementing a fitness program is ensuring that it will not do more harm than good. John Belich, the head Athletics Trainer at the University of Missouri-Rolla said, "The first thing, you want to make sure your health is adequate and to do that, you should always check with your family physician. If you have any problems with your heart and lungs you know of you should be checked out. And even if you don't have any you know about, you still should have the OK from a physician just to get a blood pressure check, let him listen to your heart, and then you can proceed with whatever activity you want to try and improve your fitness level with."

"The main problem with starting a program is doing too much the first day. You're so sore the next two or three days that you just refuse to come back to it. You need a graduated program. If your going to start a running program, you have to start maybe run-

see *Fitness*, page 15



Many students and faculty members use the exercise facilities at the Gale Bullman Multi-Purpose Center in order to relieve stress and stay in shape. Other than the weight rooms, the center offers racquetball courts and a swimming pool among its facilities.

photo by Allan Annaert

Commentary:

It's time to get off the couch and off the computer, improve your fitness!

Evan Rau

Commentary Writer

Have you ever looked at those old people that are so broken down they can hardly walk? No one really wants to end up that way, it just happens. Their bodies are so weak and frail. It is funny, but I see more and more younger people looking the same way. I don't think this one can be chalked up as natural selection. So what gives? So many people breaking down early, their bodies the worst excuses for Homo sapiens known to date.

Maybe it is not what they are doing now, but what they did (or didn't do) in the past. Maybe they never took proper care of their bodies and now are paying the price early for it. When one takes care of his body, he feels better from day to day, is more resistant to disease and also recovers more quickly from sickness. Daily activities are completed more easily, simply because the body has a greater capacity to do that work. The United States has the greatest percentage of overweight persons of any country in the world. What's the harm in that, one might ask?

Well, the fact that heart disease, an obesity-related disease, is the number one cause of premature death, tells me there is indeed "harm" in being overweight and out of shape.

The list of other diseases and problems associated with being out of shape rivals Santa's own.

It seems the more technological-ly advanced we become, the less we as humans have to rely on ourselves to do things. Instead, they are done for us, with minimal effort on our parts. We tend to get accustomed to this and apply the same effort to the rest of our lives, becoming a generation of lounging couch potatoes. The cycle of premature body failure and disability gets a colossal shot in the arm.

I want to see the figures telling how many teenagers get regular exercise. I'm sure they would be even more pathetic than I fear. Video games, and computers, evidently co-conspired in an act of utilitarian procreation and produced an offspring capable of mesmerizing 95 percent of today's youth. One member of our University of Missouri-Rolla community, who shall remain anonymous, told me that he spends about six hours a day playing a certain video game. I am lucky to have six free hours in a day to do anything. What ever happened to going out and kicking around the soccer ball or playing some football with the guys on a Sunday afternoon? Have these healthy activities of old been replaced by Final Fantasy 3? I can hardly believe that.

Maybe we are just becoming more intellect-oriented. I cannot say

these words without a satirical smile creeping onto my face. What ever happened to "all those video games are going to rot your brain" and other popular anti-video game slogans? Now parents don't even understand the games their kids are playing on their computers so they decide to leave well enough alone.

That's all fine, but are these games teaching their players anything about themselves or about the world around them? I severely doubt that Self Development for Playstation and PC made it on Electronic Gaming Monthly's top ten. I am not trying to bash leisure activities or claim that they must be educational, but if they are not at all, they shouldn't completely obliterate all time available to individuals to truly become individuals. The term "fitness" refers to all aspects of one's being, be it physical, mental, spiritual or recreational. I am calling for a little balance.

Fitness, though, viewed only as one's physical condition, is a word that is difficult to nail down nowadays, with all the official reports and experts. It is fine to have a fleet of researchers studying something so obviously important to our well being, but it would be nicer to have a couple that agreed on something. Could it be that people's bodies are all different

see *Improve*, page 13

Humor:

"Just Plain Smut"
to be performed
in Leach Theater

Marmaduke Gump**Humor Columnist**

The University Elizabethan Theatre Company and Freak Show, the University of Missouri-Rolla's student acting troupe, announced the opening of its spring musical, "Just Plain Smut" for this Thursday evening. The show runs from March 2 through March 4 at 8 p.m. with a Sunday matinee at 2 p.m.

"Smut" was written in 1993 by Roger Hammerstorm and Lerner Lone. It's the story of three young lovers who move West during the graphite and gypsum rush of March, 1896. Other shows by Hamerstein and Lowe audiences may remember include "Asher the Flasher" and "Transvestite Bikini Surf Nazi's Must Die III, the Musical."

Roger Egbert, nationally syndicated movie critic for the SunTimes newspaper of Chicago, saw an early showing of the performance last week, and graciously shared his views with the Miner.

"The theater is nothing more than a breeding ground for whores, pimps, trollops, agents, producers and sluts. I love it!" Mr. Egbert, after only one act, left the theater, ate 3 gallon buckets of popcorn, and robbed a liquor store.

Director Montrose P. Alvarez Jr. talked to the Missouri Miner about the show. "I think it is good. The actors are very good, and the orchestra is also good. I believe the performance will be good as well."

Some members of the community do not feel so highly of the theater, however. Each year, the Fine Arts department receives over 900 letters from local parents, politicians, and shrubbers. Said one octogenarian, "What? Speak up son, I can't hear you. What do I think about the shore? Oh 'show!' Well, I think those whooper-snappers better watch themselves. Why, I remember when Gabby Hayes and William Claude Dugemfield were on Vaudeville. I tell you, they could juggle like it was going out of style. One time, back in '22, I..."

Other theater-goers, after previewing "Smut," caught some sort of "Fever" and, feeling "lewd and lusty," promptly "tried their luck" on local MacDonald's patrons. The result ended when Rolla police, in coordination with local authorities, tear-gassed the crowd and dispersed the populace.

Though many of the stage crew and orchestra receive payment for their work, the onstage actors and actresses receive only the glory and pride of a job well-done.

"Acting is my outlet for stress," actress Jodi Fauster told the Miner. "You have such freedom onstage."

see Smut, page 13

Fashion:

What's hot? Exotic prints for parties!

Abere Karibi-Ikiriko**Fashion Columnist**

With all the homework to do and tests to study for, students don't have time to worry about what to wear. For most students, anything would do. However, I searched the campus to bring you this week's campus fashion.

Julie Bolin flashes a smile as she confidently struts down the Biological Sciences department "runway" with her colorful combination of stylish clothes. She is wearing a multi-colored horizontal splash-striped cotton t-shirt underneath a bright yellow cotton hooded zip-up jacket. She combines this bright top with color toned khaki cargo pants that are relaxed at the bottom. Her steps are solid with her black platform loafers. She wears her light auburn hair at shoulder length with a layered cut that is tucked behind the ears. A casual but stunning look that is bound to brighten up anyone's day with a smile and it's great for the weather too!

Fashion advice for girls:

What is totally hot right now is Triple 5 sweatshirts and long soft jackets. Also big are white tank tops with rhinestones and anything that glitters or sparkles. For parties, people are wearing khaki and jean A-line skirts with exotic fabrics and cheetah or cow animal prints.

Fashion advice for guys:

What is hot for guys are baggy jeans, dark colors, new sweat pants with pockets down the sides, vests from the



Julie Bolin struts down the hallway with bright colors. photo by Abere Karibi-Ikiriko

GAP, and boots like Timberlands. Trendy is very important!

Chad Cole's Culinary Corner:

Learn to cook and seize the eye of the opposite sex through the apprenticeship with a grandmother

Chad Cole**Culinary Columnist**

For this week and next, you will be treated with a bunch of good reasons to take up the fine hobby of cooking. Cooking your own food can really be a rewarding experience. It gets you in touch with nature and brings a sense of accomplishment to each mouthful of your own creation. Think back to your great caveman ancestors who roamed this planet with their heads filled only with thoughts on how to procure that next meal. Their hunting efforts that were put forth each day, no matter how difficult the task, resulted in some kind of animal roasting over the fire that night. Imagine how wonderful that rabbit, wild boar, deer or buffalo tasted to these hirsute people who spent the greater part of their lives in search of dinner. Well, cooking your own dinner is sort of like that, just substitute a grocery store in for the untamed wilderness and change the campfire to an oven and yeah, it's pretty much the same deal.

Cooking a delicious dish for yourself will also unleash many feelings of self-confidence and assurance in your own abilities. It is built into our basic human nature to feel that we have the resources and skills for self-sustenance. In today's world where there is always a fully cooked meal waiting for us, and the most we have to put into preparing it is a turn of a microwave or oven dial, it is easy to lose touch with that innate warrior lurking within us all.

For the guys out there, cooking a scrumptious meal for a lady is sure to get on her good side. This simple act of cooking for her will display all kinds of good qualities that she would love to have in a boyfriend. And for the ladies, it is no secret, nor a myth, that the best way to get to a guy's heart is through his stomach.

Cooking is also a good strategy in fighting the war against boredom in Rolla. We are faced with a vast army of weekends with nothing fun to do; use cooking as a weapon against some of those vacuous days and lonely nights. Search the web and find a recipe which looks like a winner

and then make a stop at Wal-Mart to load up on ingredients. Now, begin work on what could possibly be a new culinary masterpiece. One caveat on cooking your own food: As mentioned above, cooking for yourself can cause pride and accomplishment. This feeling tends to distort a food's actual taste for the better, which means that something you cooked and found very edible, even delicious, could turn another's stomach. Watch out for this, especially if cooking a romantic meal for the opposite sex.

I wanted to be a cook at one time. Well, sure, who wouldn't, with all of these amazing influences to look up to: Emeril Lagasse, the Two Fat Ladies, my grandma. What great inspiration to live as a seeker in pursuit of culinary mastery. A good cook would command the highest respect and be loved by all. Then, in the eighth grade I realized that the life of a professional cook was not the road for me. I remember hearing a speech from a real chef during some career-planning day, and realizing right then and there that there was no way that I would ever end up like that guy. Some hard-to-pinpoint completely undesirable traits about him were powerful enough to dash all dreams of ever becoming a cook, in fear of myself becoming somewhat like him. Also, I had a home economics teacher that year who was probably the most vile woman I'd encountered up until that part of my life. Mrs. Grout. Her name even hinted at some sort of funky nastiness. So, although this meant I could never pursue the culinary arts as a full-time vocation, it in no way destroyed the possibility of taking up cooking as a hobby.

This I did, learning a few simple dishes from my grandma. For those seeking to broaden their cooking horizons, I suggest a small apprenticeship with a grandmother. They have had much time to hone the art of cooking to a fine point, sure to loosen the belt of many relatives at a big family get together feast.

This story will have to be continued until next week, which will also bring some recipes that are great for the amateur college student chef. Later for now.

CD Review:

Loreena McKennitt brings Celtic folk to popularity

Rebecca Lexa**CD Reviewer**

Many people's introduction to the beautiful music of Loreena McKennitt was her song from 1994's *Book of Secrets* CD, "The Mummer's Dance." A lovely neo-Celtic song sung by an absolutely stunning voice, this song is just one of 17 songs on Loreena's 1998 concert in Paris CD, *Element*.

Loreena was born in the culturally diverse town of Morden, Manitoba, and was first introduced to Celtic music in Winnipeg while a student. She later dropped college to pursue her career singing Irish folk music. In 1985 she founded Quinlan Road, her one-artist recording studio, and recorded her first album, *Element*. Her popularity grew through word of mouth from those who watched her perform on the streets, listening to her unique style and purchasing the tapes of *Element* that she sold there. Since then she has risen to great heights, having recorded five other full-length albums, two EP's and releasing good supply of singles.

Loreena has written all the music and most of the lyrics (except for traditional songs or famous poetry put to her melodies) on her recordings, and she excels in this area as well as in her singing. The neo-Celtic music with mid-European and Middle Eastern influences combines mesmerizing instrumentals with a hypnotic beat and her full, sweet voice. Tracks found on this 2-CD set come from the aforementioned *Book of Secrets* CD and *The Mask and Mirror* and *The Visit* albums.

The songs were faithfully re-performed on this recording of the concert. Loreena was accompanied by a group of people with some extraordinary instruments, including Nigel Eaton on hurdy-gurdy, Brian Hughes on guitar, oud, and bouzouki, Caroline Level with her cello, percussionist Rick Lazar and violinist Hugh Mars Donald Quan and Rob Pilch on keyboards, with the latter also assisting with guitars, and Danny Thomson contributed with acoustic bass. All these people created the beautiful music to which Loreena sang, with brilliant talent and perfect timing.

The songs were recorded at Salle Pleyel, Paris on April 19, 1998 at Massey Hall Toronto on May 3-4 of that same year. The support and love of the fans is apparent in these recordings which are liberally accentuated with the crowds' cheers and applause between (and sometimes during) the songs.

Loreena's hit, "The Mummer's Dance" is an irresistibly joyful song.

see Loreena, page 1

Dieters up against evolutionary urge to splurge

Rosie Mestel

L.A. Times/Washington Post

Back in Stone Age days, Ray Thompson would have loved his body. After chomping a slab of mammoth haunch earned by the sweat of his brow, Thompson would have thriftily stored any surplus calories as precious fat—fat to keep him moving, mating, thinking and foraging till the next mammoth fell under his spear.

That's slim comfort for Thompson, who lives in Los Angeles in the year 2000, where embarking on a food expedition no longer means a five-day tramp across the tundra but a five-minute spin down to AM/PM. His body, however, is still thinking "tundra." It's easy to see how he ended up at 271 pounds.

Millions struggle like Thompson. Their biology, like his, is at odds with their lives. Fifty-five percent of Americans are considered overweight, according to the National Institutes of Health. Health experts have been warning for several years that we face an epidemic of diabetes, heart disease and other obesity-related health problems if we don't find a way to turn the tide.

"It would be impossible to exaggerate the problem," said James Hill, director of the Center for Human Nutrition at the University of Colorado in Denver. "Everything is going in the wrong direction. We have to take action."

Solutions won't come easy, experts say, because there is little in the busy American lifestyle to cheerlead weight loss, and everything to rah-rah pound after pound onto people's frames.

Take Thompson. He's up at 5 each morning, then it's into the car and off toward his long-haul days at the CBS studios—as a lighting director on "The Young and the Restless"—passing fast food and doughnut stores and markets brimming with yummy, calorie-laden delicacies such as the spicy chips he loves. Meals, in his job, are best grabbed on the go, or missed then made up for in late-night refrigerator raids. Exercise, in his sedentary life, must be planned - difficult when you never know how late you'll be working.

Thompson, now 46, has struggled all his life to lose weight and not re-find it. But now he is full of hope. He's lost 76 pounds. He's been holding steady at 195 for three months. This, he knows, is the critical time. "I don't want to go back there," Thompson said. "I'm not going back there."

Since we're stuck with our biology, and no one's going to give up their cars and TV remotes, obesity and nutrition researchers are intensifying their efforts to find solutions to modern society's weight problem. They're turning to science to better understand the way our appetite is controlled, in the hope that they can blunt it. They're studying success stories: those people who have overcome their lust for food, lost weight and, more

important, kept it off for years. (Only 5 percent to 15 percent of dieters retain their weight loss over a significant period of time.) They're brainstorming—about ways to alter the very structure of society so that more people can number among the successes.

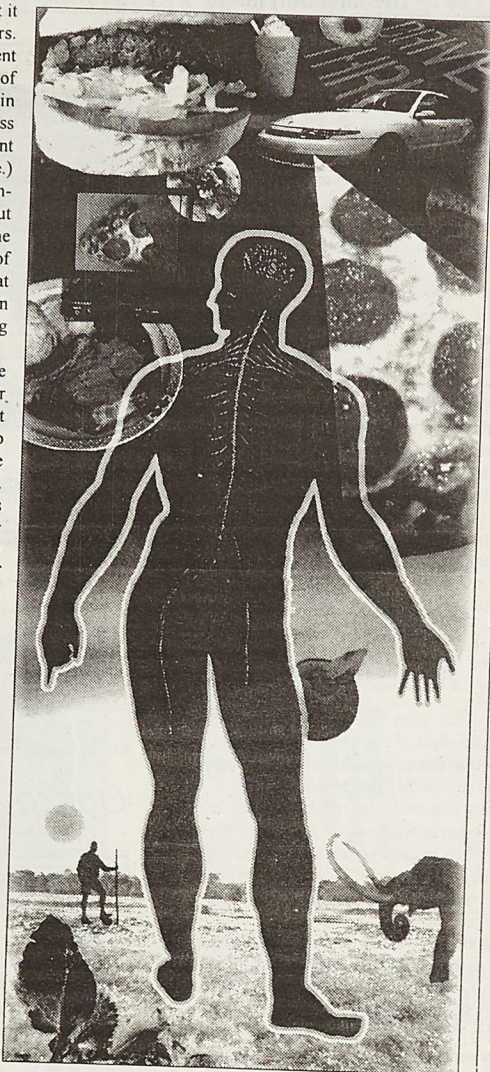
And they're arguing. Over, whether high-fat diets are to blame for the nation's plight. Or refined foods stripped of their fiber. Or the sheer variety of food. Or foods that are just dense in calories, no matter what they're made of. Or, or...

"It is, shall we say, a highly controversial subject," said Dr. David Ludwig, director of the obesity program at Children's Hospital in Boston.

"Our body doesn't like losing weight," said Susan Roberts, professor of nutrition and psychiatry at Tufts University in Medford, Mass. "It defends itself." If you underfeed a person, Roberts has found, that person crisply compensates by slowing his or her metabolism and moving less. Less fidgeting. Less pacing. If you overfeed people, they also adjust somewhat, by burning more calories. But not enough to compensate. Slowly but surely, the pounds add up.

And these days, overfeeding is easy. Our brain, which has special regions devoted to controlling appetite, loves the signals it gets about the sight, smell and taste of food. This stuff is hard to find, it said: Chow down!

And our brain loves the dazzling variety of foodstuffs at the supermarket. That makes sense. Back in prehistory, eating different kinds of roots, berries and meats was key to a balanced diet. (Roberts suspects that many diet plans work simply because they limit your choices, and you get bored, which curbs your appetite.) Food, in fact, seems to trigger "pleasure centers" in the brain that are also



Dieters may run up against millions of years of evolutionary processes when trying to lose weight.

L. A. Times graphic by Stephen Sedam

tickled by alcohol and drugs. No wonder it's hard to stop eating.

Paying attention to evolutionary influences—instead of stubbornly ignoring them—is a factor in losing weight, experts say.

As work in the lab trundles on, some researchers have taken a different tack in their quest to understand the dos and don'ts of weight control: studying people on diets, including folks who have succeeded in losing and keeping off significant amounts of weight, no matter what their instincts may be telling them.

Such studies have shown that when it comes to losing weight, calorie counting is crucial. Exercise, while it helps and is good for the heart, is not enough to help shed the pounds. But exercising during weight loss does a very important thing. It sets people up for habits that are key for the hardest part of weight control: keeping the pounds off once they've been shed.

see Dieters, page 15

Loreena

From page 11

heavy on the Celtic tones. It is reminiscent of pre-Christian European springtime rites of celebration, with many allusions to nature, such as "When in the Springtime of the year/When the trees are crowned with leaves/When the Ask and Oak, and the Birch and Yew/Are dressed in ribbons fair." It is probably one of the most popular of Loreena's songs and by far one her best originals.

Also for those who are more interested in her Celtic fare, there is "Skellig," a ballad about one of the early Irish priests passing on his knowledge as he is dying. The harp accompaniment adds an extra softness to Loreena's voice. Another sense-provoking song, "Skellig" allows us a glimpse into a life of learning, travel and many years: "On dusty roads I walked/And over mountains high/Through rivers running deep/Beneath the endless sky."

A less traditionally Celtic lyric is "The Mystic's Dream." It is the opening song for the second CD, the Paris concert. It has a gypsy-ish feel to it and is easy to get lost in. The following song, "Santiago," is an almost-instrumental (it has Loreena intoning various vocals, not truly words) with a similar gypsy-Celtic hybrid sound. Very few people will be able to resist keeping time with this tune, which is a traditional song adapted by Loreena.

Slowing things down a bit, "Night Ride Across Caucasus" has its own mid-Eurasian flavor. One can almost see campfires and hear the sounds of people talking, laughing and yelling in the nighttime. It is a very sensual song, invoking the senses of the imagination to see, smell, taste and hear the setting she presents us with.

Not all of the songs are original,

however. Those familiar with Alfred Noyes' poem, "The Highwayman," will be delighted to hear the wonderful verse put to music. True to her poet's heart, Loreena has created musical accompaniment which does plenty of justice to the classic poem. A wonderful lyric, the story of the song is of a highwayman and his beloved, who "had watched for her love in the moonlight/And died in the darkness there." The song truly brings out the best in the classic verse.

Another famous poem that Loreena has set to music is Tennyson's "The Lady of Shalott." She brings out the beauty and the sadness of the Arthurian legend of the Lady of Shalott who is required to weave around a great mirror that shows her the outside world, lest a curse befall her: "She knows not what the curse will be/And so she weaveth steadily/And little other care hath she/The Lady of Shalott." Possibly one of Loreena's most beautiful songs, it shows the full range of her gorgeous voice.

Traditional ballads as well are found on the Live set. "The Bonny Swans" was first released on *The Mask and Mirror*, tells the story of a girl drowned by her sister "for the sake of a man." Besides being a wonderful lyrical song, it is probably one of the very few Celtic-style songs that successfully utilizes an electric guitar. The combination is one that must not be missed.

All in all, this is a set of live recordings that has everything—a variety of songs, accompaniment by a group of musicians who seem to have an almost telepathic link as they play, and a singer/songwriter whose style and prowess are unmatched. For those who have never heard Loreena McKennitt's music, this is a perfect introduction; for those who know and love her creations, *Live in Paris and Toronto* will be no disappointment.

Smut

From page 12

When you are out there, in front of the crowd, you can say what you feel, move where you want to, and nobody can tell you what to do. It's like your own little world."

Arab emirate extraordinaire, Monjul Tesoi said, "I love smut. It is well worth the money to go see. Now, what were you saying about a musical?"

Tickets are on sale now for "Just Plain Smut" at the University ticket window in UC-East. Adult prices are

\$6. Since no one under 21 will be allowed into the theater, there is no student discount. Contact the theater department for more information. The URL is <http://www.umr.edu/~japporn>.

The preceding article contained childish stupidity and should not have been read by those five years of age and older. The author claims no responsibility for accidental death, spontaneous combustion, fried tomatoes, or the heartbreak of psoriasis brought on by this piece of literary buffoonery. Reader discretion was advised.

Improve

From page 11

and that no one method of schedule of exercise is going to be ideal for everyone? And some don't even include anything about diet, sleep habits, dangerous substance use, and other major factors on one's body. That is like try-

ing to tell someone how to master calculus without mentioning differentiation and integration. It is not going to work. The bottom line is that people need to get themselves in better shape, and they need some reasonable (not hyped) help. Make a bold step this week by forcing your heart to beat faster than 80 beats per minute. Your body might actually thank you for it.

Student Life

Page 14

The Missouri Miner

March 1, 2000

How to recognize and care for a person suffering alcohol poisoning

Neil Stewart
UMR-TECHS

With the month of March here, St. Pat's and Spring Break are just around the corner and y'all know what that mean—all party, all the time. Alcohol poisoning is a serious threat that many people do not consider until it's too late. Frequent heavy drinking, or "binge drinking" as it is commonly called, results in more alcohol poisoning cases than people realize. Many times a person who is suffering from alcohol poisoning is mistaken for being "passed out."

So, how do you distinguish between a passed out person and a person suffering from alcohol poisoning? An indicator of poisoning is

that the person is not responsive to talking, shouting, pinching, prodding, and poking. Also, a person with alcohol poisoning cannot stand up on their own and will not wake up, no matter how hard you try. If the person is passed out and has slow, labored, or abnormal breathing they are probably in an alcohol-induced coma. Another way alcohol poisoning can be noticed is in the person's skin; it will be clammy and sometimes purple. A rapid pulse rate, irregular heart rhythm, and a sudden decrease in blood pressure are also symptoms.

There is no way to determine how many drinks one can have before suffering from the effects of alcohol poisoning, because it is different for every person. So, my best

advice is to always drink responsibly.

If faced with a case where alcohol poisoning is probable, remember that a person who has overdosed on alcohol is not going to be able to take care of themselves, and that it is up to their friends to help them out. If you believe one of your friends has had too much to drink and might have alcohol poisoning, call for medical help immediately and do not leave the person alone. Be sure to turn the person on their side, so that if they do vomit they will not choke on it.

These are some things to keep in the back of your mind while you celebrate St. Pat's, party on the beach for Spring Break, or just enjoy another weekend here in good old Rolla. Who knows, you could save your best friend's life.

'Dining In' leaves Army ROTC feeling groggy

Phillip Ballard
AROTC

It was a typical Friday night in Rolla. The Student Union Board was playing a movie, there were a couple parties and people were hanging out saying there's nothing to do. Unless, you were dressed up to go to Dining In for Army ROTC. The Dining In ceremony is a way for the leaders of a unit to build camaraderie. The ceremony involves a dinner, skits, jokes, a speaker and a kangaroo court.

On Feb. 18, Colonel Louis Best, Commander of the First Engineer Brigade on Fort Leonard Wood, was the guest speaker. His topic was the history of warfare in 20 words or less. Okay, maybe not, but he did discuss a humorous history of warfare involving Hannibal's use of tanks (then known as elephants) to sack Rome.

Throughout the ceremony, people laughed and joked and were sent to the Grog. What is the Grog? It is the ceremonial drink of the night's festivities. The Grog is a mix of the best ingredients the military has to offer to represent

various aspects of the Army. Tabasco represented the blood spilled on the battlefield. If someone was found guilty of a mess violation (i.e. doing something deemed inappropriate), he/she was sent to the Grog to take a drink.

After dinner and the guest speaker, there were skits generally poking fun at one group or another in the ROTC unit. It was all taken in good humor and everyone enjoyed it. After the skits were done, the kangaroo court convened. Kangaroo court is almost exactly what it sounds like without the kangaroos. The court is a bunch of funny but false or exaggerated charges against an individual. The defendant is given a chance to defend him/herself before the "jury" decides. Once the defendant is found guilty or not guilty, a penalty is imposed which ranges from visiting the Grog or singing "Mary had a little lamb" or some other similarly funny sentence.

The cadets and cadre had fun that evening. It was a great learning experience as we will one day be in real units that will have very similar ceremonies. If you'd like to learn more about Army ROTC, please drop by the third floor of Harris Hall or e-mail arotc@umr.edu.

Use, commas, correctly

Bevin Raines

Writing Across the Curriculum

Many students are unsure of how to correctly use commas and place them where they seem like they should go. Below are some general guidelines of when to use commas.

Use a comma before a conjunction to link independent clauses. An independent clause is a clause that can stand alone as a sentence and has a subject and predicate. When you put two of these clauses together, separate them by a comma and a conjunction such as and, but, or, so, for, nor, or yet. For example, students usually use correct punctuation, but sometimes they forget. Also, a semicolon without the use of a conjunction may also link independent clauses.

Use commas to separate items in a series. Use a comma after an introductory clause or an introductory transitional word leading into the main part of the sentence.

Use commas to set off parenthetical clauses and appositives. Parenthetical clauses contain information that is not necessary for a sentence to retain its meaning, and appositives rename a noun.

SUBconscious:

On the verge of St. Pat's

Kate Carter

Student Union Board

Well St. Pat's, Spring break and Mid-terms and coming up really fast, hope you all are ready. Thursday, March 2 come listen to some local bands at 8 p.m. in the cafeteria. Student Union Board (SUB) and Internet Underground Music Archives (IUMA) are sponsoring a battle of the bands so come hear some of the local talent on the University of Missouri-Rolla campus.

This Friday and Saturday the movie, *The Three Stooges: The Movie*, will be at 7 p.m. and 9 p.m. in ME104 and as usual the movie is free to all students. Next Friday, March 10 come listen to comedian Eric E, at 8 p.m. in Centennial Hall. Admission is free.

Tickets for the Better Than Ezra concert are now on sale at the UMR campus ticket window. Tickets are \$15 for students and \$18 for general public. Then concert will be Saturday March 18. Doors will open at 6 p.m. and the concert starts at 7 p.m. For more information or if you would like to join SUB contact SUB at sub@umr.edu or 341-4220. Or come by our office at 218 University Center West.



Winter Film Series presents

This week, the University of Missouri-Rolla Film series will present: Election, starring Matthew Broderick and Reese Witherspoon and directed by Alexander

Payne. This witty comedy has Reese Witherspoon in the enviable position of running unopposed in the upcoming election for high school student body president. Unfortunately, she is hated by a teacher, Matthew Broderick, who grooms an underdog candidate to run against her, setting the stage for considerable political backbiting. From the director of Citizen Ruth. R-1999.

The movie will be shown in Leach Theatre of Castleman Hall Tuesday, March 7, at 7 p.m.

Gonzo and Games cups available

Azurdee M. Garland
St. Pat's Committee

Here is the message you've all been waiting for: St. Pat's Gonzo and Games cups are NOW available at the Puck or through your organization. Gonzo and Games cups are required for Gonzo and Games entrance.

Just a reminder St. Pat's Carnival of Knights Booth participation forms are due back by this Friday. If you

have any questions contact Nathaniel Davis at nrd@umr.edu for more information.

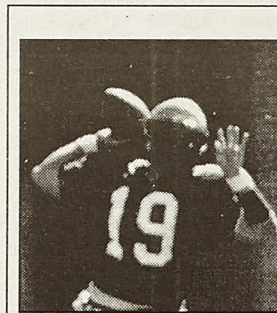
St. Pat's would also like to thank our Social Committee Advisors for all their hard work and effort. With all the help from Wendell Ogrofsky, Lance Haynes, Nancy Brackhalm, Sigrid Cronin, Kathy Voss, Marilyn Schmidt and Joyce Thomas St. Pat's 2000 is going to be the Best Ever.

Benefit Dance being held today

Renne Stone
Alumni Office

Benefit Dance Wednesday, March 1 at Z's Place in Doolittle, 762-2474, featuring Spirit Canyon Band from 7 p.m. on. No cover charge—donations excepted for the James and Cheyenne Mayo Memorial Fund.

Mr. Mayo and his daughter drowned Sunday Feb. 20. Mr. Mayo had no insurance and so the Benefit Dance is to raise money to cover the funeral expenses and also to help his wife, Jolene. Donations can also be made to the James and Cheyenne Mayo Memorial Fund at Citizens Bank of Newburg



DO YOU LIKE SPORTS ?!?

The *Missouri Miner* is searching for sports writers! If you are interested, please e-mail us (miner@umr.edu) or come to a meeting Thursday at 4:30 p.m.

Fitness

From page 11

ning a mile or two and then build up until you maybe running five or six miles at a time. If you try to jump in too much the very first day you just won't be able to continue because one your just so sore and mentally worn too and second you might come down with an overuse injury."

Injuries can seriously cut down on motivation. But what about those who just cannot stay consistent with their fitness programs? Neihause said, "I recommend that they find something they enjoy doing, and burns off the calories, something that they can stay consistent with. But find a variety of things to do and find a partner, that way you stay accountable to each other."

Special treats and rewards can also help with motivation. Cadwell said, "When I started, I worked on a rewards system and if I went to aerobics twice a week, I got to go to a Slice of Pie or something like that."

No matter what forms of motivation, the most important aspect of a physical program seems to be sticking with it, even if you don't have time. Gronek commented, "If you just dedicate yourself to spend maybe a half hour or an hour a day then it's not that big of a deal. You can always find a half hour out of your day to do a little something, either walking, maybe running, or doing a little light

lifting."

Mental attitude is half the battle. As Mullin said, "Exercise isn't just about the physical state, it's about the mental state too. By keeping your interest mentally you'll be able to do more in terms of fitness and have better workouts. I think feeling good about what your doing in a fitness program is very important. You have to like it, you have to like what it does for your body."

Sometimes exercise hurts the body however. When done improperly or when not limbered up, physical activity can cause damage. How can these injuries be prevented? Belich said, "The main thing with trying to prevent injuries with any type of exercise program is to not try to do too much too soon. Another thing is flexibility. If your not flexible you need to learn how to do flexibility exercise because that's very important. If you want to improve your flexibility you have to do a static type stretch. The magic number for stretching is 30 seconds. To stretch the muscle tendon unit you have to stretch for 30 seconds."

What can be done once these injuries occur? First things first, stop exercising until it gets better. But how to fix it? As Mullin said, "I think there are some basic principles for the minor type activities that you can pretty much handle yourself if you get properly educated on the care and prevention of injuries. More than minor type injuries, certainly you go to the student health center."

Dieters

From page 13

"When it comes to keeping weight off, there's only one really good predictor —doing regular physical activity. That's it," said James Sallis, professor of psychology at San Diego State University.

Unfortunately, it may be more exercise than we're used to hearing about. Instead of the public health recommendations of 30 minutes a day, newer studies suggest it takes at least an hour a day of moderate exercise - such as brisk walking - to stop pounds from slinking back. Something just a hair closer to those prehistoric marches across the tundra.

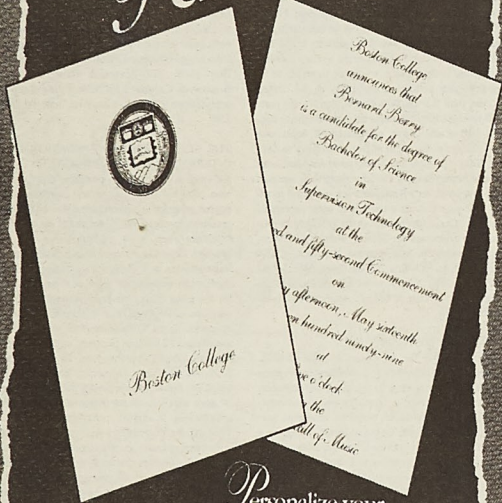
Obesity experts are fiercely debating what it will take to help more people succeed in their quest to lose lard. Will it take a massive education campaign? Workplace incentives for using the company

gym? Or how about a tax on junk food, as promoted for some years by one Yale University psychologist?

But Thompson can't wait. He's dealing with the here and now. After years of struggling on his own with every diet under the sun - high protein, cabbage soup, liquid, the works - he enrolled in a weight-loss plan at the University of California-Los Angeles after his pants size hit 46 and he developed a loud, embarrassing snore. And this time, he said, it feels different.

For the first time, he's totally changed how he eats. He's stopped fooling himself with "salads" with more dressing than lettuce, or baked potatoes buried under mounds of sour cream and bacon. Also, he now parks his car at the far end of parking lots, eschews elevators and walks briskly as often as he can. And whenever possible, as "The Young and the Restless" rolls relentlessly onward, he's doing curls with his weights in the lighting booth.

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Recent surveys show

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Alcohol abuse has led to, or increased, unintended pregnancies, the spread of sexually transmitted diseases such as AIDS, suicide attempts and academic problems.

If you drink, the Missouri Miner asks that you PLEASE

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Lunch and academic volunteers needed.
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Durham at durham@umr.edu

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March 9, 2000
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If you have any questions, please call the
Management Systems Office at 341-4184.

Scholarship Opportunities

RMI STARTS NEW SCHOLARSHIP PROGRAM

Rural Missouri, Incorporated has established a scholarship program to assist individuals in achieving their educational goals. The scholarships are available to RMI training program participants and/or borrowers in RMI's loan programs (and their dependents). A maximum of ten (10) scholarships up to \$500 each will be awarded each year. Financial assistance is limited to tuition, books, class materials and associated cost. Applications will be accepted throughout the year. Please call (573) 635-0136 for an application or more information.

MARGUERITE ROSS BARNETT MEMORIAL SCHOLARSHIP

Applications are now being accepted for the Marguerite Ross Barnett Scholarship Program. To qualify for this scholarship a student must be eighteen years of age, be employed twenty hours or more per week, be a U.S. citizen or permanent resident, be a resident of the state of Missouri and be enrolled as a PART-TIME undergraduate student, and have a financial need. Applications can be received in the Student Financial Assistance Office, G-1 Parker Hall. Application deadline: April 1, 2000.

SOCIETY OF WOMEN ENGINEERS SCHOLARSHIP PROGRAM

As part of its national educational activities, SWE administers award approximately 90 scholarships annually, varying in amount from \$200 to over \$5000 per year and totaling more than \$150,000. All SWE scholarships are open only to women majoring in engineering or computer science in a college or university with an ABET accredited program or in a SWE approved school and who will be in the specified year of study during the academic year the grant payment is made. Applicants for sophomore, junior, senior, and graduate scholarships must have a grade point average of 3.5/4.0 or above. Application forms can be obtained through SWE sections, SWE student sections, and from SWE Headquarters. Requests to SWE Headquarters must be accompanied by a self-addressed stamped envelope. Society of Women Engineers Headquarters, 120 Wall Street, 11th floor, New York, NY 10005-3902. e-mail: hq@sweng.org or on their web page at www.sweng.org. At this web address you can also receive requirements on each of the scholarships they are awarding.

NATIONAL FEDERATION OF THE BLIND SCHOLARSHIP

The National Federation of the Blind gives a broad array of scholarships to recognize achievement by blind scholars. (1) Kenneth Jernigan Scholarship for \$21,000, (3) scholarships each for \$7,000, (4) scholarships each for \$5,000 and (22) scholarships for \$3,000 each. All applicants for these scholarships must be legally blind and pursuing or planning to pursue a full-time post-secondary course of study in the fall semester of 2000, in the United States, except that one scholarship may be given to a full-time employee attending school part-time. In addition to these restrictions, some scholarships have been further restricted by the donor. Further information and applications are available in the Student Financial Assistance Office. Applications must be received by March 31, 2000.

RURAL MISSOURI, INC.

If you have been employed as a farm worker in the past two years, you may be eligible to receive free educational fee assistance for your education. If you have been paid to do work in livestock, dairy, and/or crop farming, orchards, greenhouses, cotton gins, hog confinement, eggs or raising poultry, you may qualify for FREE tuition assistance! To obtain details and the field representative closest to you call 1-800-234-4971 or visit their website at www.rmiinc.org.

SIGMA NU TRISTAN G. PINZKE MEMORIAL SCHOLARSHIP

Sigma Nu Tristan G. Pinzke Memorial Scholarship. Qualifications of Recipients shall be male or female student enrolled in any Engineering discipline at the University of Missouri-Rolla maintaining a 2.5 cumulative grade point average on a 4.0 scale and be chosen because

of their campus and community leadership and involvement. Financial need shall not be a requirement. Applications available in the Student Financial Assistance Office, G-1 Parker Hall. Application deadline is: March 17, 2000

THE GREATER KANSAS CITY HISPANIC SCHOLARSHIP FUND

The Hispanic Scholarship Fund was established in 1985 to invest in the young Hispanic people of the Greater Kansas City Area by providing grants to both entering and continuing college students. The goal of the Hispanic Scholarship Fund is to award approximately \$60,000 in scholarships annually. The program will operate throughout the Greater Kansas City Metropolitan Area generally defined as Clay, Jackson, Johnson and Wyandotte Counties. The criteria generally focus on a combination of the students' academic merit (as exhibited by the students' GPA and essay answers), financial need, and community involvement. The following criteria will be used to evaluate each applicant: The applicant must exhibit proven academic merit (as reflected in GPA and answer to essay question), financial need (as exhibited by family's gross income, size of family, and other financial need), and community involvement (as reflected in the application). The applicant is a permanent resident of the Greater Kansas City Metropolitan Area and is a United States citizen or lawful United States Resident. The applicant has been accepted or is college or university and is working toward an associate, bachelor, or graduate degree. (Applicants attending vocational or trade school must be enrolled as a full-time student (minimum 12 credit hours). Applicants must be Hispanic. The objective of this program is to provide financial assistance to Hispanic Americans. Further information and applications may be picked up in the Student Financial Assistance Office or by calling LNEAC at 816-561-0227. The application deadline is March 3, 2000. All grants will be announced on or before April 17, 2000.

ROLLA LIONS CLUB VANCE SCHOLARSHIP FUND

Rolla Lions Club Vance Scholarship applications are now available in the Student Financial Assistance Office, G-1 Parker Hall. To qualify you must: have graduated from Newburg, St. James, or Rolla high schools, have a cumulative gpa of 3.0 or better, substantiate financial need. Applications may be picked up in the Student Financial Assistance Office. Completed applications should be returned no later than April 1, 2000 to Rolla Lions Club Scholarship Chairman, P.O. Box 244, Rolla, MO 65402.

TALBOTS WOMEN'S SCHOLARSHIP FUND

Talbots has established a scholarship program to assist women in finishing their education. Scholarships are offered for full-time or part-time study at any accredited four-year college or university in the United States. Up to 55 scholarships will be awarded. Five women will each be awarded \$10,000 scholarships and 50 women will each be awarded \$1,000 scholarships to complete their bachelor's degrees. Awards are one time only and not renewable. Awards are for undergraduate study only. Scholarship recipients are selected on a number of criteria, including academic record, scholarship in community activities, honors, work experience, a statement of educational and career goals, and an outside appraisal. Financial need as calculated by CSFA must be demonstrated for the student to receive an award. Applicants to the Talbots Women's Scholarship Fund must be women currently residing in the United States who plan to return to an accredited four-year college or university in the United States no later than fall of 2000. Plan to return to a part-time or full-time basis to complete an undergraduate baccalaureate degree, and have completed at least one semester of college a minimum of five years prior to September 30, 2000. (Eligible applicants must not have been enrolled since September 30, 1995 for more than one college course per semester.) Recipients are expected to receive all at a four-year college or university upon receipt of the scholarship. Questions regarding the scholarship program should be addressed to Talbots Women's Scholarship Fund Scholarship Management Services, CSFA, 1505 Riverview Rd., P.O. Box 297 St. Peter, MN 56082 or call (507) 931-1682. Applications are available in the Student Financial Assistance Office. Application Deadline: March 6, 2000

ACIL EDUCATION INSTITUTE

ACIL (formerly the American Council of Independent Laboratories) administers a scholarship program for college students majoring in the physical sciences: physics, chemistry, engineering geology, biology or environmental science. Awards are based on academic performance, career goals and financial need. ACIL is a national trade association representing the independent scientific, engineering and testing industry. ACIL member companies provide a wide range of laboratory, testing, R&D, certification and related services to clients in government, commerce and the general public. ACIL annually offers \$1,000-\$2,000 academic scholarships to students planning scientific or engineering careers. Candidates must be students attending their junior year or higher in a four-year, bachelor-degree granting institution or graduate program. Candidates must also major in any of the physical sciences practiced by ACIL members: physics, chemistry, engineering, geology, biology or environmental science. Scholarship awards are based on the applicant's academic achievement, career goals, leadership, and financial need. More information and applications are available in the Student Financial Assistance Office. Applications are due April 10, 2000

AMS UNDERGRADUATE SCHOLARSHIPS

The scholarships are available to students pursuing a degree in the atmospheric or related oceanic or hydrologic sciences. Applicants must be enrolled full time at an accredited U.S. institution, and must be completing their undergraduate degree in the spring of 2001. Applicants must be majoring in the atmospheric or related oceanic and hydrologic sciences, and/or must show clear intent to make the atmospheric or related sciences their career. Applicants must have a cumulative grade point average of at least 3.0 on a 4.0 scale. Applicants must be U.S. citizens or hold permanent resident status. The society encourages applications from women,

minorities, and disabled students, traditionally underrepresented in the atmospheric and related oceanic and hydrologic sciences. Applications can be obtained from the AMS web site at www.amstoc.org/AMS or to request an application package, mail a self-addressed, stamped envelope to: American Meteorological Society, Attn: Undergraduate Scholarship Program, 45 Beacon Street, Boston, MA 02108-3693. Applications due March 3, 2000

ELLIS R. OTT SCHOLARSHIP

Individual awards of up to \$5000 per student and academic year are given. A student who is planning to enroll or is currently enrolled in an MS or higher degree program that has concentration in the theory and application of statistical inference, statistical design making, experimental design, analysis and interpretation of data, quality control, statistical quality management and related fields. A student who has a grade point average of 3.25 or higher on a 4.0 scale in any field of undergraduate study. The scholarship candidate must submit transcripts together with two letters of recommendation from persons qualified to assess his/her academic ability, work experience and character. The candidate must also submit a statement of no more than one page citing qualifications and goals. Scholarships are based on demonstrated ability, academic achievement, involvement in student or professional organizations, and career objectives. Questions and requests for application forms should be directed to: Dr. Lynne B. Hare, Director, Applied Statistics, Nabisco, Inc., 200 Deforest Ave., East Hanover, NJ 07936. Phone: (973) 503-4154. e-mail: HareL@Nabisco.com. Applications may also be downloaded on the internet at www.asq.org/about/divisions/stats. APPLICATION DEADLINE: APRIL 1, 2000

NATIONAL ASSOCIATION OF WOMEN IN CONSTRUCTION

The National Association of Women in Construction is an international in various phases of the construction industry. The Greater Kansas City, Missouri NAWIC Scholarship Foundation offers scholarships to students pursuing a career in the construction industry. Applicant must be enrolled as a full-time student and have at least one term of study remaining in a course of studies leading to a degree or an associate degree in a construction-related field. Part-time students are not eligible for awards. Applicant must be pursuing a career in a construction-related field. Scholarship grant recipients are eligible to reapply annually. Application may be obtained in the Student Financial Assistance Office. APPLICATION DEADLINE: MARCH 31, 2000

THE JOHN GYLES EDUCATION FUND

The John Gyles Education Fund is a private, benevolent endeavor established ten years ago with the help of a Canadian/American benefactor. Each year financial assistance is available to full-time students in both Canada and the United States. Full Canadian or American citizenship is a requirement. Awards are available to both male and female students for all areas of post-secondary study. A minimum GPA of 2.7 is required. Criteria other than strictly academic ability and financial need are considered in the selection process. Selected students will receive up to \$3,000. To receive and application send only a stamped, self-addressed, standard letter size envelope to the following address: The John Gyles Education Fund Attention: The Secretary P.O. Box 4508, 712 Riverside Drive, Fredericton, New Brunswick Canada E3B 5G4. Filing dates for mailing applications in 2000 are April 1st, June 1st and November 15th.

THE SCHOLARSHIP FOUNDATION OF ST. LOUIS INTEREST FREE LOAN PROGRAM

All loans are available to part-time and full-time students who plan to enroll in, or are currently enrolled in, a degree program at an accredited two or four year college, graduate, professional, vocational or technical school. Students must have a cumulative 2.0 grade point average. Grants are available to full-time undergraduate students who will be attending Missouri or Illinois colleges or universities for a full academic year. Applicants for the grant must also be a customer or dependent of a customer of AmerenUE or AmerenCIPS. The Foundation operates an interest-free loan program, awarding \$1.8 million per year, and administers the Ameren Scholarship Program, awarding grants totaling \$250,000 per year. Operating on a nondiscriminatory basis, the Foundation provides assistance to applicants of all ages with significant financial need who demonstrate satisfactory academic progress and good character. Through the interest-free loan program, students pursuing undergraduate, graduate, professional, and vocational/technical degrees can apply to borrow up to \$3,900 per academic year to a total maximum of \$25,000. The average loan is \$2,700. The Ameren Scholarship Program provides grants of \$2,500 per academic year to undergraduate students who attend accredited colleges or universities in Missouri or Illinois and are Ameren customers or dependents of customers. Applications may be picked up in the Student Financial Assistance Office, G-1 Parker Hall. Application Deadline: April 15, 2000 or November 15, 2000

There are many more
scholarships.



Check them out at:

<http://www.umr.edu/Jadmissions/afford.html>

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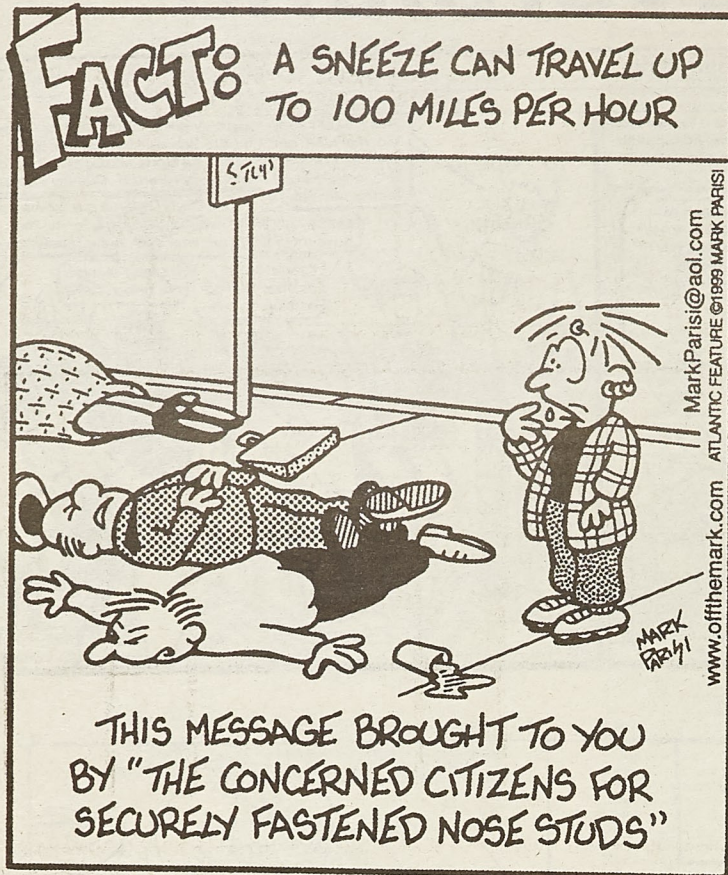
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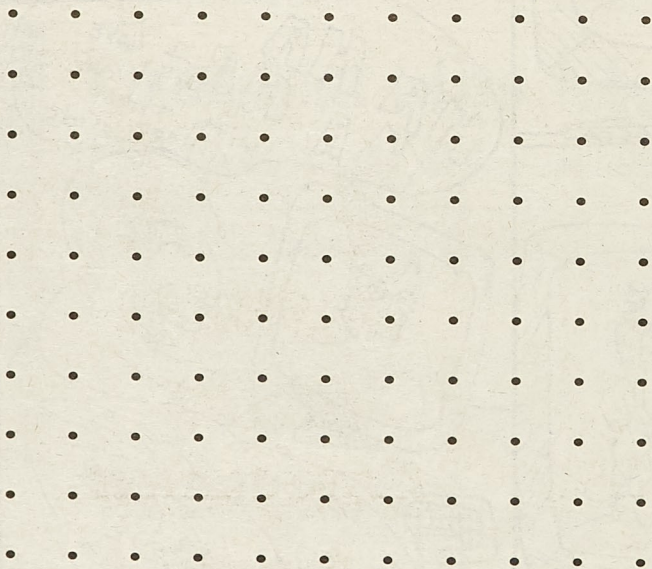
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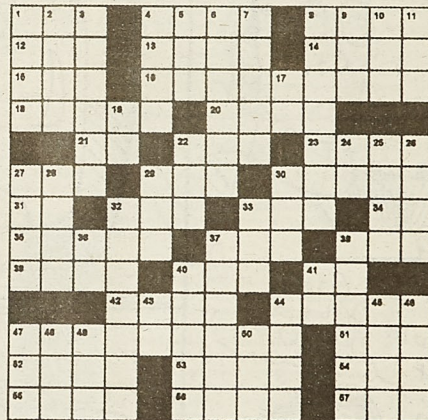
E-Mail: SnorkinMan@aol.com

The Dot Game

Instructions: Players take turns connecting two dots (horizontally or vertically only). If a person completes a box, he puts his initials in it. The player with the most boxes with his initials in it when all the boxes are completed, wins.



Crossword Puzzle



- 22 Unruly crowd
- 24 Newsgathering organization (abbr.)
- 25 Duration
- 26 Prepare for publication
- 27 Helper
- 28 Want
- 29 Slice
- 30 Aline
- 32 Added
- 33 Mend
- 36 16th Greek letter
- 37 Reason
- 38 Electricity
- 40 Place of an event
- 41 Be
- 43 Lutetium symbol
- 44 In the case of (two words)
- 45 Festive occasion
- 46 Large pitcher
- 47 Time zone (abbr.)
- 48 Compete
- 49 Unit
- 50 Over (poetic)

ACROSS

- 1 Pork
- 4 Asterisk
- 8 Simple
- 12 Collection
- 13 Fork prong
- 14 Press
- 15 Office holders
- 16 Remove
- 18 Recover
- 20 Not yours
- 21 Position upon
- 22 Rug
- 23 Measure
- 27 Picnic pest
- 29 Pass between two peaks
- 30 Fast
- 31 In the event that
- 32 Place for bathing
- 33 Sun
- 34 Midwestern state (abbr.)
- 35 Station
- 37 Cat sound
- 38 Place
- 39 Blue pencil
- 40 Female hog

DOWN

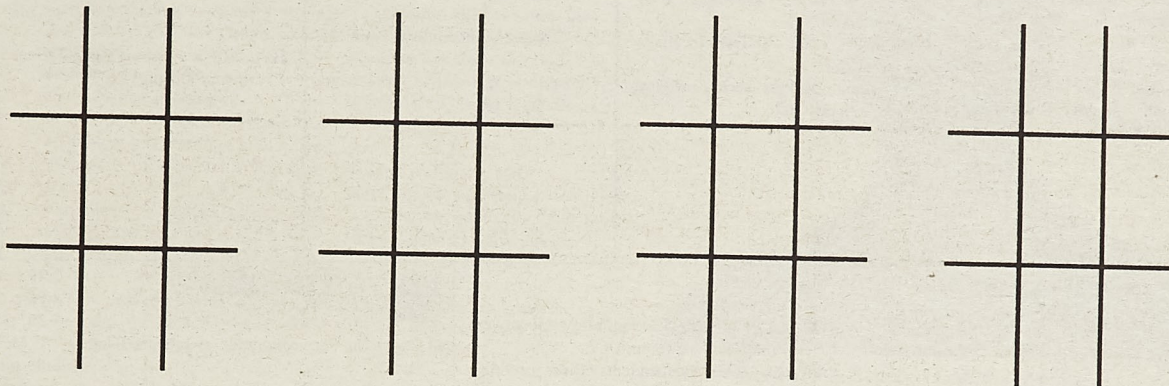
- 1 Near
- 42 Climb down
- 44 Likeness
- 47 Gradual process
- 51 Fancy shooting marble
- 52 Acute angle
- 53 Always
- 54 Relationship with (suf.)
- 55 Prepared golf ball
- 56 Withered
- 57 Vehicle
- 1 Tresses
- 2 Feminine name
- 3 Good luck symbol
- 4 Walk
- 5 Sesame plant
- 6 Beast
- 7 Cancel a charge
- 8 Element
- 9 Period of time
- 10 Decompose
- 11 Direction (abbr.)
- 17 Office holder
- 19 Indefinite article

Answers on page 19...

Rolla Misery



TIC TAC TOE



Classified Ads

Announcements

\$ FUNDRAISER \$ Open to student groups & organizations. Earn \$5 per MC app. We supply all materials at no cost. Call for info or visit our website. 1-800-932-0528 ex. 65 www.ocm.concepts.com

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Call: Mr./Mrs. Germer — 1-314-638-8374

House for Rent. 3-4 bedroom house, clean, well insulated, 2 baths, basement, central heat and air conditioning, near campus, no pets, no smoking 341-3461 \$500-\$600

Housemate Wanted Are things with your current room mate not working out? Are you interested in finding another place to live? I'm currently looking 1 person to fill a space in a 4 bedroom, 3 bath house. It's in excellent condition with plenty of space and a big yard, 1.5 miles from campus. If you are interested please e-mail me at lb@umr.edu.

For Sale

1999 Honda CBR 600 F4. 1700 miles, 3-year extended warranty, garage kept absolutely perfect. \$6800. Call 368-7185 or jwood@umr.edu.

Dom fridge for sale. \$60 341-5681

Used N64 + 2 controllers + 7 games. \$300. Call 308-1594

Fender Precision Lite. Four string, active electronics, gold hardware, red burst foto flame, and matching headstock. Including hardshell case and 10" Peavy amp. Brand new condition. \$450. leone@umr.edu.

GE cube style refrigerator for sale. Works well and in good condition. \$75.00

or best offer. Contact: cwatkin@umr.edu

MUST SELL four 5-lug aluminum mag wheels with tires. Wheels are 14x7 in the front, and 14x10 in rear. Will fit most 5-lug applications. \$125 please contact Keith Grant for more info. phone: 341-9548 email: kgrant@umr.edu

Help Wanted

Fraternities, Sororities, Clubs, Student Groups: Student organizations earn \$1,000-\$2000 with the easy campusfundraiser.com three hour fundraising event. No sales required. Fundraising dates are filling quickly, so call today! Contact campusfundraiser.com, (888) 923-3238, or visit www.campusfundraiser.com.

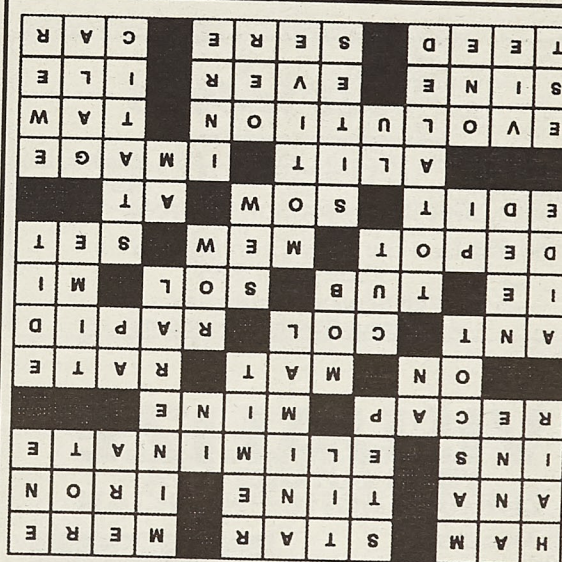
Rolla Presbyterian Manor has an opening for a part-time housekeeper and a dietary aide / cook. Apply in person: 1200 Homelife Plaza. Drug-Free Workplace. EOE.

Personal

Stallion seeks sexy single girl to keep company while reading and studying late at night. Call 341-9250.

Call (573) 341-4235 for rates. Students may submit a free classified ad with their student number at miner@umr.edu.

Student classifieds will be run until end of semester or removal is requested.



Answers to the Crossword Puzzle

(puzzle on page 18)

Calendar of Events

1 Today	2 Thursday	3 Friday	4 Saturday	5 Sunday
<p>All Day - St. Pats committee sweatshirt sales, Puck</p> <p>4:30 p.m. - Student Missouri State Teachers Assn. meeting, HSS G8</p> <p>5:30 p.m. - Blue Key weekly meeting, ME 216</p> <p>6:00 p.m. - MSM Spelunkers Club meeting, McN 204</p> <p>7:00 p.m. - AIChE meeting, ChE G3</p> <p>7:00 p.m. - Amateur Radio Club meetings and office hours, EE G29, 30</p> <p>7:00 p.m. - WB: MIAA Tournament, Campus Sites</p> <p>7:30 p.m. - History Club meeting, HSS 204</p>	<p>All Day - St. Pats committee sweatshirt sales, Puck</p> <p>1:00 p.m. - BB vs. Evangel, home</p> <p>5:00 p.m. - Christian Campus Fellowship bible study, EE G31</p> <p>6:30 p.m. - Show-Me Anime meetings, McNutt 204</p> <p>6:30 p.m. - American Nuclear Society meeting, 227 Fulton Hall</p> <p>6:00 p.m. - UMR Toastmasters meeting, CSF 109</p> <p>7:00 p.m. - Solar Car Team meetings, BE 202</p> <p>7:45 p.m. - St. Pats weekly meeting, ME Annex 107C</p>	<p>All Day - St. Pats committee sweatshirt sales, Puck</p> <p>3:00 p.m. - Trap & Skeet Club weekly meeting, UCE</p> <p>4:00 p.m. - SB vs. Missouri Southern, Pittsburg, KS</p> <p>6:00 p.m. - National Society of Black Engineers menu auction, EE G31</p> <p>6:00 p.m. - SB vs. Central College, Pittsburg, KS</p> <p>7:00 p.m. - SUB presents: Three Stooges Night at the Movies, ME 104</p> <p>7:00 p.m. - WB: MIAA Tournament, Campus sites</p>	<p>All Day - St. Pats committee sweatshirt sales, Puck</p> <p>11:00 a.m. - TN vs. Lindenwood, home</p> <p>12:30 p.m. - Show Me Anime, Anime showing, McN 212</p> <p>1:00 p.m. - National Society of Black Engineers tutorial program, McN 204</p> <p>7:00 p.m. - SUB presents: Three Stooges Night at the Movies, ME 104</p> <p>TBA - SB at Pittsburg State Tournament, Pittsburg, KS</p>	<p>All Day - St. Pats committee sweatshirt sales, Puck</p>
<p>6 Monday</p> <p>All Day - St. Pats committee sweatshirt sales, Puck</p> <p>All Day - St. Pats Snake Invasion, Mall area</p> <p>7:00 a.m. - Christian Campus Fellowship prayer meeting, Sunrise room, UCE</p> <p>6:00 p.m. - UMR Independents officer meeting, Walnut room, UCW</p>		<p>7 Tuesday</p> <p>All Day - St. Pats committee sweatshirt sales, Puck</p> <p>All Day - St. Pats Snake Invasion, Mall area</p> <p>2:30 p.m. - BB vs. Missouri-St. Louis, home</p>		<p>2:30 p.m. - SB vs. Missouri-St. Louis, home</p> <p>4:00 p.m. - TN vs. Missouri-St. Louis, home</p> <p>5:30 p.m. - Interfraternity Council meeting, McN 216</p> <p>6:00 p.m. - Phi Eta Sigma pledge meeting and test, HSS G5</p> <p>7:00 p.m. - Tau Beta Pi meeting, ME 216</p>

All organizational meeting times and places are provided by the Student Activity Center, 218 UCW. Please send all changes to the aforementioned office.

SPORT CODES: FB-Football, MS-Men's Soccer, WS-Women's Soccer, MB-Men's Basketball, WB-Women's Basketball, SW-Swimming, BB-Baseball.

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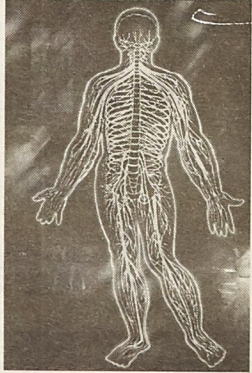
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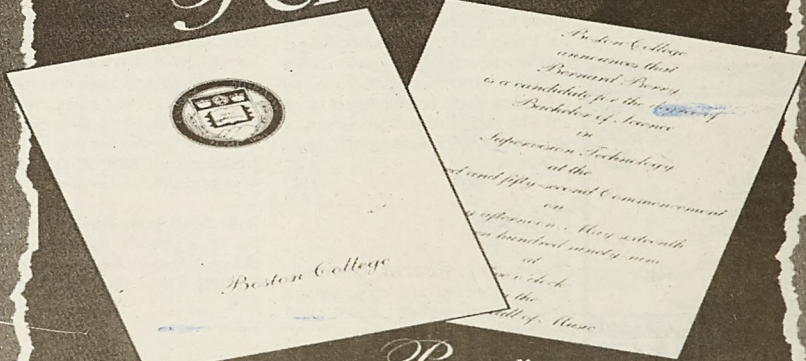
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